

## Questions?

**If you have any questions, please contact Dr. Lorenzi, Director of the IUP SNAP Program or check out our website listed below.**

**Office Number: 239 Zink Hall**

**Phone Number: (724) 357-4415**

**Or email at:**

**David.Lorenzi@iup.edu**



**Dr. David Lorenzi**

<http://www.iup.edu/page.aspx?id=61579>

## **SPRING 2012 SEMESTER DATES:**

### **Children's Program Saturday 9am—11am**

February 4, 18

March 3, 24, 31

April 14, 21, 28

### **Adult's Program Wednesdays 6pm—8pm**

February 8, 15, 22, 29

March 7, 21, 28

April 4

**\*\*Additional dates can be found on the Additional Opportunities sheet located on the Bulletin Board.\*\***



**Come Get Involved!!!**

**Health and  
Physical Education**

# SNAP Volunteers

**Special Needs  
Activity  
Program**



# About SNAP

The IUP Department of Health and Physical Education Department sponsors a physical activity program for individuals with disabilities called the Special Needs Activity Program (SNAP). The SNAP program provides clients the opportunity to experience one-on-one instruction with student volunteers in the gymnasium, Jim Mill fitness center, and in the pool. Each client is individually assessed while performing a variety of basic locomotor and manipulative skills in the gymnasium as well as basic skills in the pool. Assessments are available to volunteers to guide the activities for each SNAP session.

Volunteers do not need to sign up prior to attending SNAP; however there is a sign in sheet to keep record of volunteers. Volunteer hours can be documented upon request. There is no obligation to continue volunteering if one would like to just try SNAP one time.



**There are a variety of activities that you can participate in.**

## What Do Volunteers Need To Know:

- ⇒ Both children and adults attend this program
- ⇒ One hour is set aside for physical activity in the pool
- ⇒ One hour is set aside for physical activity in the gymnasium &/or fitness center
- ⇒ Please arrive 15 to 20 minutes early
- ⇒ Each SNAP session begins in Zink Hall in Gym A. You will want to sign in on the volunteer sheet at the table.



**Experience in both the pool and the gym**

## What Volunteers Need To Bring:

- ⇒ Dress: semi-professional but comfortable for physical activity (polo shirts)
- ⇒ Gym appropriate shoes (sneakers)
- ⇒ Swim suits (one-piece for females or wear a t-shirt; males need swim trunks)
- ⇒ Towel
- ⇒ Open Mind and a positive attitude!!



**Great hands on experience**

## Benefits Of Being A Volunteer:

- ⇒ Get volunteer hours.
- ⇒ Looks good on your resume.
- ⇒ Hands on experience.
- ⇒ Work with a variety of people with disabilities.
- ⇒ Fun and rewarding.



**Come try it out!!!**