

Kathryn Bonach, Ph.D., L.S.W., L.P.C., N.C.C.

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Indiana, Pennsylvania 15705
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Education:

Ph.D. Degree (April 2001)

Dissertation Defense (March 2001) Passed with Distinction

A.B.D. (May 2000)

School of Social Work

University of Pittsburgh

Pittsburgh, PA

M.S.W. Degree (December 1999) Concentration: Direct Practice

M.S.W./Ph.D. Joint Degree Program

School of Social Work

University of Pittsburgh

August 1997 – April 2001

Pittsburgh, PA

M.A. Degree (May 1994) Sociology: Human Services Program
Specialization: Counseling Alcoholic and Other Troubled Families
Indiana University of Pennsylvania

Indiana, PA

Graduate studies in Business Administration (1984 – 1986)

Graduate studies in Counselor Education (1979 – 1980)

Indiana University of Pennsylvania

Indiana, PA

B.A. Degree (May 1977) Double Major: Psychology/Sociology
Indiana University of Pennsylvania

Indiana, PA

Licensure/Certification:

L.P.C. (March 2002)

License # PC00096

Licensed Professional Counselor

Commonwealth of Pennsylvania

Department of State Bureau of Professional and Occupational Affairs

State Board of Social Workers, Marriage and Family Therapists

and Professional Counselors

Harrisburg, PA

L.S.W. (May 2001)

License # SW-012855-L

Licensed Social Worker

American Association of State Social Work Boards

Commonwealth of Pennsylvania

Department of State Bureau of Professional and Occupational Affairs

State Board of Social Workers, Marriage and Family Therapists

and Professional Counselors

Harrisburg, PA

N.C.C. (April 1996)
National Certified Counselor
Board Eligible N.C.C. (April 1995)
National Board for Certified Counselors

Certificate # 37804

Greensboro, NC

Academic Honors Society

4-08- present The Honor Society of Phi Kappa Phi, Indiana University of Pennsylvania Chapter
5-10 - 8-11 Board of Directors: Public Relations Officer

Work Experience:

Academic:

8/11 - present Professor Indiana, PA
8/05 - 8/11 Associate Professor/Tenured
8/01 - 8/05 Assistant Professor
Indiana University of Pennsylvania Sociology Department
Courses include undergraduate level Principles of Sociology (SOC 151), Clinical Sociological Practice (SOC 302 now SOC 392), Alcohol and Drug Abuse (SOC 335), Sociology of the Family (SOC 336), Social Research Methods (SOC 380), Child Abuse (SOC 428), Social Welfare Policy (SOC 448), Internship in Sociology (SOC 493); Child Abuse (SOC 528) graduate level, Sociology of the Family (SOC 636) graduate level, Individualized Instruction Sociology of the Family (SOC 636) graduate level; Social Policy (SOC 701 now SOC 804) doctoral level.

Service includes:

Present: Administrative Assistant to Department Chair (Summer 2008 – present), Faculty Development Committee Chair (Summer 2008 – present), Search Committee Chair (Fall 11 – present); Faculty Development Committee Core (Fall 2008 – present), Level II Grade Appeals Committee (Fall 2001 – present), APSCUF Grievance Committee (Fall 08 – present), , Sociology Department Chair’s Council (Fall 03 - present), Faculty Development Committee (Fall 07 – present), Department Elected Senate Representative (AY 04-05; Re-elected AY 05 – 07; Re-elected AY 07 - 09, Re-elected AY 09-11), University Senate Research Committee (Senate Elected AY 05 – 07; AY 07 - 09; AY 09-11; AY 11-13); University Senate Research Committee Chairperson (AY 10-11); Research Institute Advisory Board (AY 10-11); Disability Support Services Advisory Board (AY 09-10 - present).

Previous: Five Year Department Self-Evaluation Study Committee (Fall 09 – Summer 10); Living and Learning Planning Committee (Fall 2008 – Fall 2010); Undergraduate Education Committee Chair (Fall 03 – Fall 08), Undergraduate Education Committee (Fall 01 – Fall 2008), Search Committee Chair (Fall 2008 – Spring 09), Search Committee (Fall 05 - Spring 09), Five Year Department Self Study Chair (Spring 04 – Fall 05), Five Year Department Self- Evaluation Study Committee (Fall 03 –Fall 05), Vice President of Student Affairs Search Committee (2006); Social Work Ad hoc Committee (Fall 05), Sociology Department Outcomes Assessment Committee (Spring 04 – Fall 06); APSCUF Department Representative (Fall 02 – Fall 05), Faculty Search Committee (Fall 03 – Fall 05; Fall 07 - present), Senate Student Affairs Committee, Senate Elected (AY 04 – 05), University Wide Promotion Committee (AY 03 - 04), Undergraduate Research Requirement Subcommittee Chair (AY 02 - 03).

- 5/01 – 7/01 Instructor
 University of Pittsburgh at Johnstown Johnstown, PA
 University of Pittsburgh at Bradford via Interactive Television Bradford, PA
- University of Pittsburgh School of Social Work
 Instructor for a graduate core social work course taught simultaneously face-to-face at the Johnstown campus and via interactive television to the Bradford campus:
 SWWEL 2081 (Social Welfare History)
- 1/01 – 5/01 Instructor
 Indiana University of Pennsylvania Sociology Department Indiana, PA
 Instructor for two sections of an upper division undergraduate sociology course.
 SO 336 (Sociology of the Family)
- 8/00 – 12/00 Teaching Assistant
 University of Pittsburgh School of Social Work Pittsburgh, PA
 Sole Instructor for an undergraduate core social work course:
 SWWEL 1005 (Social Welfare History I)
- 5/00 – 7/00 Instructor
 University of Pittsburgh at Johnstown Johnstown, PA
 Instructor for a graduate core social work course:
 SWWEL 2081 (Social Welfare History)
- 7/99 – 8/99 Instructor
 Indiana University of Pennsylvania Sociology Department Indiana, PA
 Instructor/developer for an upper division undergraduate special topics course:
 SO 481 (Separation, Divorce and Custody).
- 6/99 – 7/99 Instructor
 6/98 – 7/98 Indiana University of Pennsylvania Sociology Department Indiana, PA
 6/97 – 7/97 Instructor for an upper division undergraduate sociology course:
 8/95 – 1/96 SO 335 (Alcohol and Drug Abuse)
- 1/98 – 4/98 Teaching Assistant/Research Assistant
 University of Pittsburgh School of Social Work Pittsburgh, PA
 Teaching Assistant to Associate Dean, Dr. Michael Patchner, for a graduate level social work research course: SWRES 2021 (Foundations of Social Research).
- Research Assistant to Associate Dean, Dr. Michael Patchner, for a research project on “The Effectiveness of Interactional Telecommunications Compared to Face-to-Face Instruction”.
- 1/00 – 4/00 Graduate Research Assistant
 8/99 – 4/99 University of Pittsburgh School of Social Work Pittsburgh, PA
 8/98 – 4/98 Research Assistant to Associate Dean, Dr. Michael Patchner, for research projects on
 8/97 – 12/98 “Factors in the Functioning of Aging and Mental Retardation Joint Training Teams” and
 “Distance Learning”. Administrative assignments for Dr. Patchner for the M.S.W. Direct Practice Program.

8/00 – 12/00 Graduate Student Assistant
 1/00 – 4/00 University of Pittsburgh School of Social Work Pittsburgh, PA
 8/99 – 12/99 Graduate Student Assistant to the School of Social Work Doctoral Program Director,
 Dr. Esther Sales
 5/98 – 4/99 Graduate Student Assistant
 University of Pittsburgh School of Social Work Pittsburgh, PA
 Graduate Assistant in Student Services and Admissions in the School of Social Work
 Graduate Program for the Dean of Admissions, Dr. Grady Roberts. Office of Admissions
 liaison to the Social Work Ph.D. Program.

Clinical:

8/05- 1/11 Outpatient Therapist, Private Practice Confidential Counseling Services
 5/94 – 12/00 Therapist/Program Developer/Facilitator
 Indiana County Guidance Center Confidential Counseling Services Indiana, PA
 Private contract therapist in the Confidential Counseling Services Department, a private
 division comprised of independent contractors that provide outpatient therapy services.

Program developer and facilitator for the “Children in the Middle Program,” a mandated
 psychoeducational group for separated/divorcing parents of minor aged children.

1/01 – 1/02 Consultant Indiana, PA
 On an as needed basis available as a privately contracted consultant for therapist-assisted
 mediation for divorcing/divorced spouses with minor aged children to aid in the
 resolution of child custody disputes and the facilitation of child custody arrangements and
 for the “Children in the Middle Program”.

1/01 – 8/01
 Social Service Department Consultant for Quality Assurance
 Transitional Care Center Indiana Hospital Indiana, PA
 Contracted Medical Social Worker to perform chart reviews that ensure compliance and
 adherence to Skilled Nursing Home Regulations for Joint Hospital Accreditation and
 Medicare and Third Party Insurance reimbursement.

7/00 - 8/01 Medical Social Worker
 Case Management Department Indiana Hospital Indiana, PA
 Medical social worker in the Case Management Department for the Indiana Hospital,
 providing social services and discharge planning to the all hospital units that include
 acute care, intensive care, obstetrics-gynecology, emergency, medical-surgical, geriatric
 psychiatric, and skilled nursing/rehabilitation care.

7/94 – 12/00 Psychoeducational Program Facilitator
 Indiana County Guidance Center Confidential Counseling Services Indiana, PA
 Private contract developer and group facilitator of the court-mandated psychoeducational
 program for divorcing parents, “Children in the Middle”.

- 8/95 – 8/97 Therapist
Indiana County Guidance Center Family and Social Living Department Indiana, PA
Therapist in the Family and Social Living Department public division of the County
Community Mental Health Center providing individual and group psychotherapy for
adult populations.
- 02/82 – 12/86 Administrative Long Term Care Supervisor
11/81 – 02/82 Service Management Supervisor
12/80 – 11/81 Service Manager
Aging Services, Inc. Indiana, PA
Supervisor of all programs and personnel in the Area Agency on Aging Long Term Care
Unit.
- 1/80 – 11/80 Child Care Coordinator
Parents Anonymous of Indiana County Indiana, PA
Provided crisis intervention and on-going supportive counseling to parents and abused
children; supervised and trained child care staff and volunteers.
- 3/79 – 1/80 Crisis Child Care Worker
Parents Anonymous of Indiana County Indiana, PA
Responsible for implementing structured programming and intervention for abused
children.
- 2/78 – 3/79 Emergency Department Clinical Secretary
Indiana Hospital Indiana, PA
Intake of patient information and responsible for medical secretary duties for the
Emergency Department.
- 2/78 – 3/79 Social Service Department Substitute Social Service Worker
Indiana Hospital Indiana, PA
Assessment, goal planning, and supportive counseling for post hospital discharge care of
patients.

Publications:

- 2011 Bonach, K. & Heckert, D.A. (in press). "Predictors of Secondary Traumatic Stress
Among Children's Advocacy Center Forensic Interviewers." *Journal of Child Sexual
Abuse, 21(2)*.
- 2010 Bonach, K., Mabry, J. B. & Potts-Henry, C. (2010). "Exploring Non-offending
Caregiver Client Satisfaction with Children's Advocacy Center." *Journal of Child
Sexual Abuse, Special Issue: Child Sexual Abuse and Forensic, Systems, and Cultural
Issues, 19 (6), 687 – 708*.
- 2009 Bonach, K. (2009). Empirical support for the application of the Forgiveness Intervention
Model to post-divorce coparenting. *Journal of Divorce and Remarriage, 50 (1), 38 – 54*.
- 2007 Bonach, K. (2007). Forgiveness Intervention Model: Application to coparenting Post-
divorce. *Journal of Divorce and Remarriage, 48 (1/2), 105 – 123*.

- 2005 Bonach, K. (2005). Factors contributing to quality coparenting: Implications for family policy. *Journal of Divorce and Remarriage*, 43 (3/4), 79 - 103.
- 2005 Bonach, K. Sales, E. & Koeske, G. (2005). Gender differences in perceptions of coparenting quality among expartners. *Journal of Divorce and Remarriage*, 43 (1/2), 1-28.
- 2002 Bonach, K. & Sales, E. (2002). Forgiveness as a mediator between post divorce cognitive processes and coparenting quality. *Journal of Divorce and Remarriage*, 38 (1/2). 17 - 38.

Grant Awards:

- 05/10 University Senate Research Grant (\$500.00). "Predictors of Secondary Traumatic Stress Among Children's Advocacy Center Forensic Interviewers."
- 08/09 University Senate Research Grant (\$1434.00). "Secondary Trauma and Children's Advocacy Center Forensic Interviewers."
- 08/09 University Senate Research Grant (\$822.00). "Perspectives of Sex Offender Treatment Providers on Registration Laws and Offender Re-integration."
- 11/06 National Children's Alliance Program Support Grant (\$10,000).
- 11/06 Indiana County Department of Health and Human Services for "Forensic Evaluations of Sexually Abused Children," (\$2,215).
- 11/05 National Children's Alliance Program Development Grant (\$50,000).
- 11/05 National Children's Alliance Training Grant (\$5,000).
- 11/05 National Children's Alliance Prevention Grant (\$10,000). Lead Principal Investigator and Project Director for a competitive national federal grant awarded for the development of a substance abuse/child abuse prevention program within the auspices of the Children's Advocacy Center of Indiana County in collaboration with the Open Door.
- 9/05 Highmark Grant (\$3500). Co-Principal Investigator for a competitive grant from Highmark for the Children's Advocacy Center.
- 11/04 National Children's Alliance Program Development Grant (\$50,000). Lead Principal Investigator and Project Director for competitive national federal grants awarded for the development of a national model Children's Advocacy Center of Indiana County which was became operational in January 2005 and accredited as a full member September 2006.
- 11/04 National Children's Alliance Training Grant (\$5,000). Lead Principal Investigator and Project Director for a competitive national federal grant awarded to provide training funds for the entities and staff who are involved in the provision of services and on the multidisciplinary team for the Children's Advocacy Center of Indiana County.
- 3/01 Wiltse Dissertation Research Support Grant through the University of Pittsburgh School of Social Work. Competitive dissertation research support grant received in the amount of \$2,175.00 to assist with dissertation research and awarded for proposals that demonstrated academic excellence and quality research.

Awards:

- 12/10 2010 Certificate of Appreciation, The African American Cultural Center, IUP
- 5/08 2008 Certificate of Appreciation, The African American Cultural Center, IUP
- 12/07 2007 Certificate of Appreciation, The African American Cultural Center, IUP
- 11/07 2007 Outstanding Professor of Fall 2007, IUP Panhellenic Association
- 12/05 2006 American Association of University Women Most Notable Women Award

- 5/05 2005 Department of Sociology Meritorious Service Award
This award is given annually to a department faculty who provided exemplary service contributions to the Sociology Department above and beyond regular service expectations. The 2005 award was primarily based on chairing and overseeing the Sociology Department Five Year Self-Evaluation Study.
- 4/05 2005 IUP Research Institute New Investigator of the Year Award
The award was for the research of handling child abuse allegations and the writing of two federal grants that were received to start the Children's Advocacy Center of Indiana County. The award is intended to recognize faculty who have recently begun work with externally funded projects.

Presentations:

- 03/09 IUP Six O'Clock Series. Topic: "Race Relations Climate Study at IUP" with co-presenter Dr. Melanie Hildebrandt. Documentary of research and facilitation of discussion/problem-solving with audience (300 plus in attendance students and administration and faculty).
- 10/08 Topic: "Exploring Non-offending Caregiver Satisfaction with a Children's Advocacy Center: A Case Study." Presented with Candice Potts, IUP McNair Scholar. The Pa Chapter of Children's Advocacy Centers and Multidisciplinary Team Conference. "Enhancing Service Responses to Child Abuse: Current Issues for Professionals." Four Points Sheraton Harrisburg, PA.
- 7/08 Topic: "Exploring Non-offending Caregiver Satisfaction with a Children's Advocacy Center: A Case Study." Presented with Candice Potts, IUP McNair Scholar. Pennsylvania Chapter of Children's Advocacy Centers and Multidisciplinary Teams Pinnacle Health-Polyclinic Campus Harrisburg, PA
- 11/07 Topic: "Forgiveness Intervention Model: Application to Coparenting Post-divorce." National Council on Family Relations Annual Conference. Competitive paper presentation. Session Name: Working With Systems; Sponsoring Session: Family Therapy. Oral Presentation. Pittsburgh Hilton Hotel Pittsburgh, PA
- 7/08; 7/11 Plenary Topic: "Coaching for Successful Coparenting: Helping Children of Divorce"
7/08; 7/11 Workshop Topic: "A Three-Stage Intervention Model for Post-Divorce Co- Parents: How Clinicians Can Help"
- 7/05 Workshop Topic: "Forgiveness Intervention: Application to Coparenting Post Divorce."
7/03 Workshop Topic: "Children, Divorce and Coparenting."
7/02 Workshop Topic: "The Coparenting Conundrum: Parenting Together After the Divorce."
7/01 Workshop Topic: "Children Caught in the Middle: Working With Families of Divorce."
7/00 Workshop Topic: "Children Caught in the Middle: Working With Families of Divorce." Mid-Atlantic Addiction Training Institution Annual Conference Indiana University of Pennsylvania Indiana, PA

Invited faculty to present at the 12th, 13th, 14th, 15th, 17th and 20th Annual Summer School for High-Risk Children, Families, and Behavioral Health, a professional conference sponsored by MAATI, and the Livengrin Foundation, Gateway Rehabilitation Center, and IUP. Attendees of my sessions of the conference received CEU's for their discipline.

- 3/04 Topic: "Coparenting: A Delicate Balancing Act."
Four Points Sheraton Aberdeen, Maryland
Chesapeake Health Education Program "Dancing Backwards In High Heels: How Women Master the Art of Resilience," Sponsored by the Chesapeake Health Education Program and the VA Medical Center of Perry Point, Maryland. Invited faculty. Attendees of my sessions of the conference received CEU's for their discipline (therapists, counselors, social workers, nurses).
- 4/03 Topic: "The Divorce Parent and Effective Coparenting."
Best Western University Inn Indiana, PA

Invited faculty to present at the "Families Grow With Love" seminar for professionals and parents sponsored by the April is Child Abuse Prevention Planning Committee and Child Welfare Services of Indiana County.
- 12/95 Topic: "Working With Children of Divorce."
Purchase Line School Indiana, PA

Private contract to provide a half-day workshop for three Indiana Area Schools and area agencies that work with children.
- 9/95 Topic: "Children of Divorce".
9/94 Indiana University of Pennsylvania Indiana, PA

Invited guest lecturer to undergraduate sociology course on child abuse.
- 9/94 Topic: "Children in the Middle: Program Review for the Legal Profession".
Indiana County Guidance Center Indiana, PA

Invited guest lecturer to Indiana County Family Law Attorneys.
- 12/94 Topic: "Children of Divorce and the Children in the Middle Program".
Indiana University of Pennsylvania Indiana, PA

Invited guest lecturer to graduate level Family Therapy psychology course.
- 2/96 Topic: "Strategies in Preparation for Comprehensive Exams".
9/95 Indiana University of Pennsylvania Indiana, PA
9/94 Invited guest lecturer to sociology M.A. candidates eligible for departmental comprehensive examinations.

Research in Progress:

- Fall 2009 "Adult children's forgiveness of their parents' divorce and the quality of the relationship between parent and adult-child." Faculty co-investigator, Dr. Beth Mabry. IRB approved. Senate Grant submitted and awarded for faculty/student research, data collected, writing in progress.

- 1/98 – 6/98 Transitional Care Center, Indiana Hospital Indiana, PA
Graduate Student Intern in Medical Social Work responsible for assessment, supportive counseling, coordination of services and discharge planning for residents of the hospital's short term skilled nursing facility under the supervision of the facility's licensed social worker.
- 12/93 – 5/94 Indiana County Guidance Center Family and Social Living Department Indiana, PA
Graduate Student Intern in Clinical Sociology responsible for individual and group therapy for adults under the supervision of the agency's licensed psychologist.
- 5/76 – 9/76 Indiana Hospital Social Service Department Indiana, PA
Sociology Student Intern responsible for goal planning for post-hospital discharge of patients and supportive counseling of patients and families under the supervision of the R.N. Director of Social Services.

Volunteer Experience:

- 9/76 – 2/77 Open Door Crisis Intervention Center Indiana, PA
Telephone supportive counseling for crisis intervention.
- 9/74 – 7/75 Big Brother/Big Sister Program Indiana, PA
Tutored lower-income students and facilitated individual social and emotional growth on a one-to-one basis with a child.

Student Work Experience:

- 2/77 – 7/77 Indiana County Guidance Center Partial Hospitalization Program Indiana, PA
Under supervision, was responsible for minimal caseload, supportive counseling, and programming structured activities.
- 2/77 – 5/77 Mental Health/Mental Retardation Program Indiana, PA
Indiana/Armstrong Counties
Under supervision, accompanied MH/MR emergency delegates.

Professional Affiliations:**(PA Licensed Social Worker, PA Licensed Professional Counselor, National Certified Counselor)**

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|---|------------------|
| National Association of Social Workers | (1998 – Present) |
| American Counseling Association | (1994 – Present) |
| National Certified Counselor | (1994 – Present) |
| Southern Poverty Law Center | (2000 – Present) |
| IUP Safe Zone | (2001 – Present) |
| American Association of University Women | (2004 – 2006) |
| Society for Social Work Research | (2001 – 2002) |
| Association for Specialties in Group Work | (1995 – 2001) |
| American Mental Health Counselors Association | (1994 – 1995) |
| Society for Applied Sociology | (1994 – 1995) |
| Chronic Organic Brain Syndrome, Inc. | (1983) |
| American Public Welfare Association | (1979) |

Service to Community: (Children and Family Issues)

Emeritus Board Member, Children's Advocacy Center and Center for Family Life	(2011 – present)
Consultant, Children's Advocacy Center	(2007 – 2011)
Center for Family Life, Board of Directors.	(2007 – 2011)
Children's Advocacy Center of Indiana County, Liaison to the Parent Board of Directors, Center for Family Life.	(2007 – 2011)
Children's Advocacy Center of Indiana County, Project Director, Principal Investigator, and Chair, Advisory Committee.	(2005 – 2007)
Children's Advocacy Center of Indiana County Task Force Co-Chair.	(2004 – 2005)
Children's Advocacy Center of Indiana County Founder	(2003)
Hopeful Hearts, Board of Directors, Vice President.	(2008 – 2010)
Children in the Middle Program of Indiana County, Program Founder and Facilitator.	(1994 – 2001)
Center for Family Life of Indiana County Board of Directors.	(2003 - 2004)
Family Hospice of Indiana County Board of Directors, Treasurer.	(1983 – 1989)
Family Hospice Steering Committee.	(1982 – 1983)
Visiting Nurses Association Board of Director.	(1985 – 1989)
Info-Line of Indiana County.	(1983 –1986)
Human Services Council of Indiana County Vice President.	(1985)
Alice B. Paul Crisis Shelter Advisory Committee.	(1979 – 1980)
Indiana County's Local Children's Team.	(1979 – 1980)

Research Interests:

Children and Family Issues: child maltreatment, child advocacy, divorce, family transitions, addictions, social injustice; race relations; social policy, medical social work; clinical practice with an emphasis in on: adult female survivors of sexual abuse, separation and divorce issues, depression, traumas, addictions, high-risk behaviors, and women's issue.

REFERENCES AVAILABLE UPON REQUEST