Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee

<table>
<thead>
<tr>
<th>Contact Person</th>
<th>Email Address</th>
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<tbody>
<tr>
<td>Theresa Gropelli</td>
<td><a href="mailto:tgropell@iup.edu">tgropell@iup.edu</a></td>
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<tr>
<th>Proposing Department/Unit</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Department of Nursing and Allied Health Professions</td>
<td>724-357-2557</td>
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Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

1. Course Proposals (check all that apply)
   - New Course
   - Course Prefix Change
   - Course Deletion
   - Course Revision Change
   - Course Number and/or Title Change
   - Catalog Description Change

<table>
<thead>
<tr>
<th>Course</th>
<th>Current Course prefix, number and full title</th>
<th>Proposed course prefix, number and full title, if changing</th>
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<tbody>
<tr>
<td>NURS 432 Psychiatric Mental Health</td>
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2. Additional Course Designations: check if appropriate
   - This course is also proposed as a Liberal Studies Course.
   - This course is also proposed as an Honors College Course.

3. Program Proposals
   - Program Revision
   - Catalog Description Change
   - Program Title Change
   - New Minor Program Change
   - New Track

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<tr>
<th>Program name</th>
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<th>Proposed program name, if changing</th>
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4. Approvals

<table>
<thead>
<tr>
<th>Department Curriculum Committee Chair(s)</th>
<th>Date</th>
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<tbody>
<tr>
<td>Theresa Gropelli</td>
<td>1/9/10</td>
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<tr>
<th>Department Chair(s)</th>
<th>Date</th>
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<tr>
<td>Elizabeth Palmer</td>
<td>3/2/10</td>
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<tr>
<th>College Curriculum Committee Chair</th>
<th>Date</th>
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<tr>
<td>Rebecca Kost-Kohle</td>
<td>4/15/10</td>
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<tr>
<th>College Dean</th>
<th>Date</th>
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<tr>
<td>Marlene C. Zorzi</td>
<td>4-7-10</td>
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| Director of Liberal Studies * | |
| Director of Honors College * | |
| Provost * | |

Additional signatures as appropriate:
(include title)

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<tr>
<th>UWUCC Co-Chairs</th>
<th>Date</th>
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<tr>
<td>Gail *</td>
<td>9-22-10</td>
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* where applicable

Received
SEP 23 2010
Liberal Studies

Received
SEP 13 2010
Liberal Studies

Received
APR 07 2010
Liberal Studies
1. Syllabus of record

I. COURSE DESCRIPTION

NURS 432 Psychiatric/Mental Health

2 lecture hours
0 lab hours
2 credit hours
(2c-0l-2cr)

PRE-REQUISITES: NURS 330, 331, 332, 333, 336, 337 or permission

PRE OR
CO-REQUISITES: NURS 412 and 433 or permission

Focuses on the principles and concepts that guide nursing practice in a variety of psychiatric/mental health settings. The role of the nurse in primary, secondary, and tertiary prevention/intervention is addressed as it relates to individuals, families, and aggregates.

II. COURSE OUTCOMES:

At the conclusion of the course the student will be able to:

1. Describe the roles and functions of the psychiatric nurse generalist and advanced practice psychiatric nurse.
2. Relate the principles of therapeutic communication to nurse/client interaction in various psychiatric settings.
3. Examine appropriate theoretical framework for specific psychiatric disorders.
4. Utilize critical thinking to apply the nursing process in caring for clients with psychiatric problems.
5. Examine personal attitudes, values, and beliefs about clients with psychiatric problems.
6. Explain the family's role in the health of clients with psychiatric problems.
7. Discuss the impact of societal values and economics on the mental health care delivery system.
8. Utilize the nursing process to plan nursing care for the psychiatric client in the community.
9. Discuss primary, secondary and tertiary prevention/intervention for individuals, families, and groups in the hospital and the community.

III. COURSE OUTLINE:

Weeks 1-2

A. Introduction to Psychiatric Nursing
   1. Roles of the psychiatric nurse
   2. Mental health promotion
   3. Legal issues: psychiatric nursing and the law

B. Therapeutic Communication in the Psychiatric Setting
   1. Principles of therapeutic communication in the psychiatric setting
   2. Therapeutic communication skills in the psychiatric setting
   3. Barriers to therapeutic communication in the psychiatric setting

C. Etiology of Mental Illness
   1. Psychological theories
   2. Biological theories (Psychobiology)

Week 3

D. Psychiatric Nursing and Nursing Process
   1. Conceptual models of treatment
   2. Overview of psychiatric nursing interventions
      a. Health promotion/Health teaching

   (1 hr.)

(2 hrs.)

(1 hr.)

(2 hrs.)
b. Crisis intervention
c. Case management
d. Group therapy
e. Family therapy
f. Cognitive behavioral therapy
3. Psychopharmacology

**Week 4**

E. Anxiety and Anxiety Disorders
   1. Generalized anxiety disorders
   2. Panic disorder with and without agoraphobia
   3. Phobias
   4. Obsessive compulsive disorder
   5. Post traumatic stress disorder
   6. Nursing care

**Week 5**

F. Personality Disorders
   1. Clusters A, B, C
   2. Nursing care

**Week 6**

G. Mood Disorders
   1. Major depression
   2. Bipolar disorder
   3. Nursing care

**Week 7**

H. Suicide and Aggressive Behavior
   1. Nursing care

**Weeks 8-9**

**Mid-term Exam**

I. Schizophrenia and Other Psychotic Disorders
   1. Subtypes
   2. Nursing care

J. Delusional Disorders
   1. Subtypes
   2. Nursing care

K. Mental Illness Due to a General Medical Condition
   1. Psychological responses to physical illness
      a. Cardiovascular
      b. Neurological
      c. Chronic pain
      d. Dual diagnosis

**Weeks 10-11**

L. Somatoform Disorders/Dissociative Disorders
   1. Subtypes
   2. Nursing care

M. Eating Disorders
   1. Anorexia
   2. Bulimia
   3. Compulsive overeating

N. Sexual and Gender Disorders
   1. Disorders of sexual functioning
   2. Sexual identity issues
   3. Gender identity issues
   4. Paraphilias
   5. Nursing care
Week 12
O. Substance Abuse Disorders
   1. Nursing care

Week 13
P. Disorders of Childhood
   1. Depression
   2. Autistic disorder
   3. Adjustment disorder
   4. Disorders of conduct
   5. Attention deficit disorder

Week 14
Q. Delirium/Dementia
   1. Subtypes
   2. Nursing care

Finals Week
Final Exam

IV. EVALUATION METHODS*
   40% Mid-term exam (multiple choice)
   40% Final exam (multiple choice)
   20% Periodic in class unannounced quizzes on required reading assignments

V. GRADING SCALE:
   A   90-100%
   B   80-89%
   C   70-79%
   D   60-69%
   F   Less than 60%

*To progress in the Nursing Program, the student must achieve at least a 70% average grade on the exams AND at least a 70% average grade on all other assignments.

VI. ATTENDANCE POLICY:

Although there is no formal attendance policy for this class, student learning is enhanced by regular attendance and participation in class discussions.

VII. REQUIRED TEXTS:


VIII. SPECIAL RESOURCE REQUIREMENTS:
None

IX. BIBLIOGRAPHY


2. A summary of the proposed revisions- to add new or changed pre- or co- requisites.

Change Prerequisites from NURS 338 and 339 to NURS 330, 331, 332, 333. Change co-requisites from NURS 435 to NURS 433.

3. Justification or rationale- to ensure appropriate progress through the program.

Courses NURS 338 was split into two courses, NURS 330 and 332. NURS 339 was split into two courses, NURS 331 and 333. This allows the student to be evaluated on Maternal-Neonatal care and care of the child separately. NURS 435 was split into two courses, NURS 431 and NURS 433. This allows the student to be evaluated on psychiatric and community nursing separately. This change would ensure appropriate progression thru the program.
4. The old syllabus of record

I. Course Description

NURS 432 Psychiatric/Mental Health

2 lecture hours
0 lab hours
2 credit hours
(2c-0l-2cr)

Prerequisites: NURS 336, 337, 338, 339, or permission

Pre or corequisite: NURS 412, 434, 435

Focuses on the principles and concepts that guide nursing practice in a variety of psychiatric/mental health settings. The role of the nurse in primary, secondary, and tertiary prevention/intervention is addressed as it relates to individuals, families, and aggregates.

II. Course Objectives

At the conclusion of the course the student will be able to:

1. Describe the roles and functions of the psychiatric nurse generalist and advanced practice psychiatric nurse
2. Relate the principles of therapeutic communication to nurse/client interaction in various psychiatric settings
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   1. Psychological theories
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Week 3

D. Psychiatric Nursing and Nursing Process
   1. Conceptual models of treatment
   2. Overview of psychiatric nursing interventions

1 hr.
2 hrs.
1 hr.
2 hrs.
a. Health promotion/Health teaching  
b. Crisis intervention  
c. Case management  
d. Group therapy  
e. Family therapy  
f. Cognitive behavioral therapy  
3. Psychopharmacology  

Week 4  
E. Anxiety and Anxiety Disorders  
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2. Bipolar disorder  
3. Nursing care  

Week 7  
H. Suicide and Aggressive Behavior  
1. Nursing care  

Weeks 8-9  
Mid-term Exam  
1 hr.  

I. Schizophrenia and Other Psychotic Disorders  
1. Subtypes  
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   2 hrs.

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Week 14
Q. Delirium/Dementia
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   2. Nursing care
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Finals Week
Final Exam

IV. Evaluation Methods*

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Grading scale:
- A: 90-100%
- B: 80-89%
- C: 70-79%
- D: 60-69%
- F: Less than 60%

*To progress in the Nursing Program, the student must achieve at least a 70% average grade on the exams AND at least a 70% average grade on all other assignments.

V. Required Texts:


VI. Special Resource Requirements

None

VII. Bibliography


COURSE ANALYSIS QUESTIONNAIRE
NURS 432 Psychiatric/Mental Health

Section A: Details of the Course

A1 This course will fit into the senior year of the Bachelor of Science degree in the Nursing program. It is a required course for students in the major.

A2 This course is part of the curriculum revision in the Nursing program.

A3 This course has never been offered at IUP.

A4 This course is not intended to be offered as a dual-level course.

A5 This course is not intended to be taken for variable credit.

A6 This material on psychiatric/mental health nursing would be included in other baccalaureate nursing programs.

A7 The content in this course is necessary to practice nursing in a mental health setting (Commission on Collegiate Nursing Education, State Board of Nursing Professional and Vocational Standards.) The information taught in this course is consistent with the test plan for the licensing exam for nursing (NCLEX-RN.)

Section B: Interdisciplinary Implications

B1 This course will be taught by one faculty member at a time within the Nursing Department.

B2 This course does not overlap with any other courses at the University.

B3 No seats in the course will be reserved for students in Continuing Education.

Section C: Implementation

C1 No new faculty are needed to teach this course.

C2 Other Resources

a. Current space allocations are adequate to offer this course

b. Currently Stapleton Library subscribes to a number of specialty nursing journals that would be helpful for students in this course. These journals include: Journal of Geriatric Nursing, Journal of Psychosocial Nursing and Mental Health, and Psychosomatics. In addition, the Department of Nursing and Allied Health Professions receives subscriptions to other journals which might be useful to students in this course. These journals include: Research in Nursing and Health, Journal of Professional Nursing, and Journal of Nursing Scholarship. Stapleton Library has a holding of references related to psychiatric/mental health nursing, and the department currently has a mechanism in place for identifying and recommending future purchases for the library holdings.

C3 No grant funds are associated with this course

C4 This course will be offered in both the Fall and Spring semesters.

C5 One section of the course will be offered at a time.
C6 Forty students will be accommodated in this course.
C7 No professional society limits enrollment in a course of this nature.

5. Liberal Studies course approval form and checklist (if appropriate)
   Non-applicable