

86-87  
#23

NEW COURSE PROPOSAL

HP 430 The American Woman and Sport

Department: Health and Physical Education

Person to Contact for Further Information: Carolyn A. Thompson

Course Affected: None

Desired Effective semester for change: Fall 1987

Approvals: Department Committee Chairperson Barbara A. Auston

Department Chairperson James G. Miller

School Committee Chairperson [Signature]

School Dean Harold E. Wingard

A. DESCRIPTION AND ACADEMIC NEED

A1. Description:

Description: The American Woman and Sport 3cr 0635h

This course is a comprehensive, multidisciplinary analysis of the problems, patterns, and processes associated with the sport involvement of the girls and women in our culture. An historical perspective will be presented with an emphasis on physiological, psychological, and socio-cultural influences. No prerequisites. Any undergraduate student may take the course.

A2. Course outline: Attached

A3. What academic need does this fulfill?

This is a general education elective that fulfills the needs/interests of men and women students who are athletes, potential educators, coaches of girls or women's athletic teams, or administrators of programs that include girls or women. This is a significant course for anyone desiring to elect a course in Women's Studies.

A4. Does this course require changes in content of other existing courses?  
No.

A5. Does this course follow the traditional type of offering by the department or is it a novel approach?

Traditional lecture/discussion/panel approach.

A6. Has this course ever been offered at IUP on a trial basis?

Yes. This course is currently being taught as a Special Topics course in the Health and Physical Education Dept. (HP 481: section 5).

A7. Is this to be a dual-level course?

No.

A8. Do other higher education institutions currently offer this course?

Yes. Ohio University; University of Pittsburgh; and Penn State University.

A9. Is the proposed course recommended or required by any society, accrediting authority law, or other external agency?

No; however, this course satisfies the need for gender balanced curriculum.

B. INTERDISCIPLINARY IMPLICATIONS

B1. Will this course be taught by one instructor or will there be team teaching?

One instructor for lecture.

B2. Are additional or corollary courses needed with this course?

No.

B3. What is the relationship of the content of course offered by other departments?

It is designed to be considered a core course for integration into the Women's Studies Program.

B4. Is this course possibly applicable in a program of The School of Continuing Education or directed to a clientele other than our full-time students?

No.

C. EVALUATION

C1. What procedures are expected to be used to evaluate student progress?

Quality of group presentations, quality of biographies that are presented, quality of panel discussion contributions, and written exam.

C2. If this course may be taken for variable credit, what criteria will be used to relate the credits to the learning experience of each student?

Not applicable.

D. IMPLEMENTATION

D1. What resources will be needed to teach this course and how adequate is the current situation:

- a. Faculty: adequate and qualified
- b. Space and Equipment: available
- c. Lab Supplies: Not applicable
- d. Library: needs improving
- e. Travel: not required

D2. How frequently do you expect this course to be offered?

Each semester, with the possibility of summer if needed. There are no seasonal restrictions.

D3. How many sections do you anticipate each time it is offered?

One.

D4. How many students do you plan to accommodate in each section of this course?

20 to 25 Students.

SYLLABUS HP430

THE AMERICAN WOMAN AND SPORT

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COURSE DESCRIPTION:

This course is a comprehensive, multidisciplinary analysis of the problems, patterns, and processes associated with the sport involvement of girls and women in our culture. An historical perspective will be presented with an emphasis on physiological, psychological, and socio-cultural influences.

COURSE OBJECTIVES:

STUDENTS WILL:

1. Survey the historical participation of girls and women in sport.
2. Analyze the sociological nature of sport and its implication for the sportswoman.
3. Identify and evaluate the impact of the feminist movement as related to sport involvement and raise the consciousness level in understanding the role that may be placed in contributing to enhancing women's place in society.
4. Recognize current stereotypes of sportswomen as revealed in various modes of mass media.
5. Develop a psychological profile and analyze the motivational state of the female in sport.
6. Examine the physiological parameters of the female athlete.
7. Review significant leaders and role models associated with women's progress in American Sport.

COURSE REQUIREMENTS:

1. Participate in class discussions and activities related to the course objectives.
2. Choose a significant Am. leader in women's sport and present relevant bibliographical information to class.
3. Prepare and analyze surveys that indicate current peer and social attitudes. ( Group projects )
4. Demonstrate knowledge of course content through written examinations.
5. Choose a sport and trace the historical participation of girls and women.

#5 requirement continued

HIGHLIGHT:

- a. Significant promoters (persons or organizations)
- b. National or international events that had impact on sport development
- c. Rules or regulations governing programs
- d. Individuals who "stand-out" as leaders and who contributed to the growth of that sport in relation to bringing it to public consciousness.

TEXTS:

1. Gerber, Ellen W., Jan Felshin, Pearl Berlin, and Waneen Wyrick, The American Woman and Sport, Reading, Mass.: Addison-Wesley Publishing Co., 1974.
2. U.S. Commission on Civil Rights; Clearing House Publications No. 63, More Hurdles to Clear, July 1980.

HP 430

The American Woman & Sport

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- Eitzen, Stanley D., Sport in Contemporary Society: An Anthology. New York: St. Martin's Press, 1984.
- Harris, Dorothy V., Harris, Bette L., Sports Psychology: Mental Skills for Physical People. New York: Leisure Press, 1984.
- Howell, Reet, Her Story in Sport. New York: Leisure Press, 1982.
- Lapchick, Richard E., Fractured Focus-Sport As a Reflection of Society. Massachusetts: Lexington Books, 1986.
- Lawther, John D., Sport Psychology. New Jersey: Prentice-Hall Inc., 1972.
- Neal, Patsy E., Tutko, Thomas, Coaching Girls and Women. Psychological Perspectives. Boston: Allyn and Bacon, Inc., 1975.
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- Rader, Benjamin G., American Sports (From the Age of Folk Games to the Age of Spectators). New Jersey: Prentice Hall, Inc., 1983.
- Sage, George H., Sport and American Society: Selected Readings, 3rd edition. Massachusetts: Addison-Wesley, 1980.