

LSC Use Only
Number: _____
Submission Date: _____
Action-Date: _____



UWUCC USE Only
Number: 99-56a
Submission Date: _____
Action-Date: App 3/14/00

Senate App 5/2/00

CURRICULUM PROPOSAL COVER SHEET
University-Wide Undergraduate Curriculum Committee

I. CONTACT

Contact Person Ron Trenney Phone X6918

Department Health and Physical Education

II. PROPOSAL TYPE (Check All Appropriate Lines)

_____ COURSE _____
Suggested 20 character title

_____ New Course * _____
Course Number and Full Title

_____ Course Revision _____
Course Number and Full Title

_____ Liberal Studies Approval + _____
for new or existing course Course Number and Full Title

_____ Course Deletion _____
Course Number and Full Title

_____ Number and/or Title Change _____
Old Number and/or Full Old Title

_____ New Number and/or Full New Title

_____ Course or Catalog Description Change _____
Course Number and Full Title

PROGRAM: _____ Major _____ Minor Track

_____ New Program * _____
Program Name

Program Revision * Physical Education and Sport
Program Name

_____ Program Deletion * _____
Program Name

_____ Title Change _____
Old Program Name

_____ New Program Name

III. Approvals (signatures and date)

Maddie P. Rogers
Department Curriculum Committee

James G. Mill
Department Chair

Mary E. Seeman 12/17/99
College Curriculum Committee

Richard J. Zoni
College Dean

+ Director of Liberal Studies (where applicable)

* Provost (where applicable)



Part II.

Description of Curriculum Change

Catalog Description of Program

Program: Bachelor of Science, Physical Education and Sport

The Bachelor of Science degree in Physical Education and Sport provides greater emphasis on subject matter/content and less on pedagogy. Students who select this major generally apply their knowledge in the areas of exercise science, community and corporate fitness, cardiac rehabilitation, sports medicine, and/or executive fitness programming. The sports study major is a non-teacher certification program. Requirements for the degree in Physical Education and Sport include 1) the university's Liberal Studies requirements; 2) 31 credit hours in the HPE Core; and 3) nineteen credits from the Physical Education and Sport requirements. Specialty tracks have been developed for the degree program in physical education and sport. These different tracks provide emphasis in specific subject content areas and teach skills necessary for students to assume leadership roles in careers in the health and fitness industry as well as the sport science industry. These include:

- a. Aquatic
- b. Exercise Science
- c. Sport Administration
- d. Athletic Training

These four tracks, in addition to the Nutrition minor within the Physical Education and Sport major, provides students with an innovative, relevant and challenging curriculum and at the same time encourages the promotion of interdisciplinary work. Course content is focused toward specific professions within the major, as well as toward different national credentialing possibilities. Student internships and pre-professional experiences can be more appropriately focused to enhance opportunities for post graduate employment.

Selection of a predetermined number of students to the Athletic Training Track will be based on demonstrated academic achievement and the evaluation of other criteria as listed below. The minimum standards for eligibility are: 1) sophomore status (minimum of 28 credits), 2) no less than a 2.6 cumulative GPA, 3) no less than a C grade in HP 142, HP 175, HP 221, and HP 251, 4) two letters of recommendation, 5) satisfactory completion of fifty hours of directed clinical observation, 6) a written essay and in some cases a personal interview. Official admission is also contingent upon obtaining liability insurance, medical clearances, and Acts 34 and 151 clearances, all of which are needed for field experience placement. Once admitted, students must continue to demonstrate above average academic performance, and acceptable clinical performance in order to remain in good standing (specific program retention and completion

guidelines will apply and are described in informational/ admissions packet available from the Department). Students should obtain an informational and admissions packet from the Department for full details.

In addition, the Department of Health and Physical Education has developed two programs approved by the National YMCA Physical Education Office to provide for the professional preparation of YMCA aquatic directors and physical directors. Both programs emphasize high standards and are vitally concerned with the major objectives of YMCA physical education. Specialized "Y" courses are offered through the IUP Aquatic School and through other special YMCA programs conducted on the IUP campus and sponsored in cooperation with the Middle Atlantic Region Physical Education Program.

Summary of Changes

Table of Comparison:	See Attached
Program Changes:	Deletion of the courses HP 345 and HP 346, Athletic Training I and Athletic Training Lab. Addition of HP 175, Prevention and Care of the Physically Active.
Rational for Change:	<p>For more than 20 years the course HP 345 and lab HP 346 have served a dual role within the Department of Health and Physical Education. First it has served as a general information course for those students interested in careers related to the care, training and education of the physically active. Secondly it has served as the a primary educational and introduction course for those students seeking a career and national certification in the field of athletic training.</p> <p>In recent years, due largely to the increased curriculum demands placed on those students seeking athletic training certification, content in this course has shifted to include more advanced information related to the Athletic Training Profession. Currently this course is to advanced for the students enrolled in this track., however, due to their need for continued introductory prevention and care information the course HP 175 has been developed, approved by the senate, and should replace HP 345/HP346 as a course requirement for this track.</p>

Physical Education and Sport

Current		Proposed	
Liberal Studies: As outlined in Liberal Studies section with the following specifications:	54-55	Liberal Studies: As outlined in Liberal Studies section with the following specifications:	54-55
Mathematics: MA 217		Mathematics: MA 217	
Health and Wellness: FN 143 or MS 101-102		Health and Wellness: FN 143 or MS 101-102	
Natural Science: BI 103-104 or CH 101-102		Natural Science: BI 103-104 or CH 101-102	
Social Science: PC 101, SO 151		Social Science: PC 101, SO 151	
Liberal Studies Electives: FN 145, CO/BE/ IM 101, no course with HP prefix		Liberal Studies Electives: FN 145, CO/BE/ IM 101, no course with HP prefix	
Major	31	Major	31
Core Requirements:		Core Requirements:	
HP 142 Foundations of Health, Physical Education and Sport	3sh	HP 142 Foundations of Health, Physical Education and Sport	3sh
HP 200 Fundamentals of Physical Activity	1sh	HP 200 Fundamentals of Physical Activity	1sh
HP 210 Motor Development	2sh	HP 210 Motor Development	2sh
HP 221 Human Structure and Function	3sh	HP 221 Human Structure and Function	3sh
HP 251 Foundations of Safety and Emergency Health Care	3sh	HP 251 Foundations of Safety and Emergency Health Care	3sh
HP 263 Aquatics	1sh	HP 263 Aquatics	1sh
HP 315 Biomechanics	3sh	HP 315 Biomechanics	3sh
HP 341 Evaluation in Health and Physical Education	3sh	HP 341 Evaluation in Health and Physical Education	3sh
HP 343 Physiology of Exercise	3sh	HP 343 Physiology of Exercise	3sh
HP 344 Adapted Physical Education	3sh	HP 344 Adapted Physical Education	3sh
HP 441 Psychosocial Implications for Health and Physical Education	3sh	HP 441 Psychosocial Implications for Health and Physical Education	3sh
HP 442 Seminar in Health, Physical Education, and Recreation I	3sh	HP 442 Seminar in Health, Physical Education, and Recreation I	3sh
Professional Requirements:	17-19	Professional Requirements:	15-17
HP 319 Preprofessional Experience II	1-3sh	HP 175 Prevention and Care	2sh
HP 345 Athletic Training I	3sh	HP 319 Preprofessional Experience II	1-3sh
HP 346 Athletic Training Lab	1sh	HP 375 Physiological Basis of Strength Training	3sh
HP 375 Physiological Basis of Strength Training	3sh	HP 410 Exercise Prescription	3sh
HP 410 Exercise Prescription	3sh	HP 411 Physical Fitness Appraisal	3sh
HP 411 Physical Fitness Appraisal	3sh	HP 412 Physical Activity and Stress Management	3sh
HP 412 Physical Activity and Stress Management	3sh		
Controlled Electives	6-12	Controlled Electives	6-12
BI 151, BI 155, HP 408, HP 413, HP 426, HP 482, HP 493		BI 151, BI 155, HP 408, HP 413, HP 426, HP 482, HP 493	
Free Electives	10-16	Free Electives	12-18
Total Degree Requirements	124	Total Degree Requirements	124