Indiana University of Pennsylvania

Indiana University of Pennsylvania
Office of Human Resources
G-8 Sutton Hall
(724)357-2431

Employee Name _____

In an 8- hour day, patient can (circle full capacity for each):

Sit	1	2	3	4	5	6	7	8	Hrs/Day
Stand	1	2	3	4	5	6	7	8	Hrs/Day
Walk	1	2	3	4	5	6	7	8	Hrs/Day
Drive	1	2	3	4	5	6	7	8	Hrs/Day

Patient can lift/carry (please check as appropriate):

	Never		Occasionally		Frequently	
	Lift	Carry	Lift	Carry	Lift	Carry
0 – 10 lbs	( )	( )	( )	( )	( )	( )
11 – 25 lbs	( )	( )	( )	( )	( )	( )
26 – 50 lbs	( )	( )	( )	( )	( )	( )
51 – 100 lbs	( )	( )	( )	( )	( )	( )
100+ lbs	( )	( )	( )	( )	( )	( )

Patient can use hands for repetitive:

	Simple Grasping		Pushing & Pulling		Fine Manipulation	
Right	( ) No	( ) Yes	( ) No	( ) Yes	( ) No	( ) Yes
Left	( ) No	( ) Yes	( ) No	( ) Yes	( ) No	( ) Yes

Patient can use feet for repetitive movement such as foot controls:

Right:	( ) No	( ) Yes

Left:	( ) No	( ) Yes

Patient is able to:

	Not At All	Occasionally	Frequently
Bend	( )	( )	( )
Climb	( )	( )	( )
Crawl	( )	( )	( )
Squat	( )	( )	( )
Reach	( )	( )	( )

As a result of this evaluation, patient could perform the following:

No Work:	( )	
Sedentary Work:	( ) Part Time ( ) Full Time	10 Pounds maximum lifting and/or carrying articles; walking/standing on occasion.
Light Work:	( ) Part Time ( ) Full Time	20 Pounds maximum lifting; carrying 10 pound articles frequently; most jobs involve sitting with a degree of pushing and pulling.
Medium Work:	( ) Part Time ( ) Full Time	50 pounds maximum lifting with frequent lifting/carrying of up to 25 pounds; frequent standing and walking.
Heavy Work:	( ) Part Time ( ) Full Time	100 pounds maximum lifting with frequent lifting/carrying of up to 50 pounds; frequent standing and walking.
Very Heavy Work:	( ) Part Time ( ) Full Time	Lifting objects over 100 pounds and frequent lifting/carrying of 50 pounds or more; frequent standing/walking.

Date of Expected Release from Modified Duty _____

Physician's Signature _____ Date _____

Physician's Name Printed _____

(Physician: Please comment on reverse as needed for explanation or particular limitations.)