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# Suite *Life*

NORTHERN SUITES

## Meet the New Addition to Our Staff!



PM Alex Minnick

Hey! I'm Alex Minnick. I am in my junior year, and I am a math education student. I'm from Somerset, PA which is best known as the site of the Flight 93 memorial. While in high school, I played tennis, baseball, and I ran cross country. I am a part of the club Ultimate Frisbee team at IUP. I love to fish and when I have time, play video games. If you want to know more about me stop by and introduce yourself during my office hours on Mondays and Wednesdays from 1-2 pm in Northern room 107. I look forward to getting to know you guys.

## Northern RHC is the Place to be!

Curious as to what is going on in your residence hall? Are there any fun-filled events going on in the building?

**Come check out Northern Suites  
Residence Hall Council!!**

Meetings are every Wednesday night at 9 p.m. in the Multipurpose Room (Rm 116). You are paying to live here. That means you have a "say" in what goes on in your building and community. Whether it be sharing creative ideas for upcoming events or informing your concerns with RHC, you have a voice in the matter! One of our larger events, Halls of Horror, is fast approaching. We need lots of help and tons of great ideas. Don't miss out on a chance to make an impact in your community and make new friends while doing so!

For more information, contact RHC President, Tiffany Bartlett ([cbyn@iup.edu](mailto:cbyn@iup.edu)).

# Midterms: Madness or Management?



While at college, it seems that all the professors decide to give tests within the same couple of weeks. Mid-terms are coming up in a few weeks, and this can be very overwhelming if you don't prepare correctly. Here are a few study tips to make those unbearable tests manageable:

1. Everyone is different, different methods work for different people the following are only suggestions on improving upon your current studying techniques.
2. It is best to review the material right after class when it's still fresh in your memory.
3. Don't try to do all your studying the night before the test. Instead space out your studying. Review class materials at least several times a week, focusing on one topic at a time.
4. Have all of your study material in front of you: lecture notes, course textbooks, study guides, and any other relevant material.
5. Find a comfortable and quiet place to study with good lighting and little distractions (try avoiding your own bed; it is very tempting to just lie down and take a nap).
6. Start out by studying the most important information.
7. Learn the general concepts first. Don't worry about learning the details until you have learned the main ideas.
8. Take notes and write down a summary of the important ideas as you read through your study material.
9. Take short breaks frequently. Your memory retains the information that you study at the beginning and the end better than what you study in the middle.
10. Space out your studying. You'll learn more by studying a little every day instead of waiting to cram at the last minute. By studying every day, the material will stay in your long-term memory, but if you try to study at the last moment, the material will only reside in your short-term memory that you'll easily forget.
11. Make sure that you understand the material well! Don't just read through the material and try to memorize everything.
12. If you choose to study in a group, only study with others who are serious about the test.
13. Test yourself or have someone test you on the material to find out what your weak and strong areas are. You can use the review questions at the end of each chapter or practice tests the teacher may give out as well as other materials.
14. Listening to relaxing music such as classical or jazz on a low volume can relieve some of the boredom of studying.
15. Don't study later than the time you usually go to sleep because you may fall asleep or be tempted to go to sleep. Instead try studying in the afternoon or early evening.

Good luck and study hard!

# Homecoming Happenings

Homecoming is practically a holiday here at IUP and with it, comes various activities that are open to all IUP students, family members, and alumni.

The festivities truly begin on Thursday, as you notice many alumni on campus. However, the weekend officially begins Friday night with the Homecoming Ball at the Indiana Country Club.



The fun for students starts Saturday morning with a parade entitled "Our Global Community: Cities around the World." This event begins at 10:00 am at Thirteenth and Philadelphia Street. The parade will then head towards Sixth and Philadelphia Street and turn on Sixth Street toward campus. It will then turn onto Church Street toward Oakland Avenue and end up on Oakland Avenue and Eleventh Street.



Following the parade, there is a pregame celebration in the Oak Grove with a Kidz Karnival, and alumni are treated to a special pregame picnic on the practice fields.

After all of these festivities, the IUP Crimson Hawks will take on the Edinboro Fighting Scots at 2:00 pm. Win or lose, Students Opting for Alcohol and Drug Free Residence (SOAR) will hold a block party in the courtyard between the Maple and Grant Suites.

Come support the IUP Crimson Hawks this homecoming and enjoy these fun events!

## UPCOMING EVENTS: OCTOBER 2009



### SET DATES:

**October 4**

**First Floor Meeting**

7:00 pm

**Third Floor Meeting**

8:00 pm

**October 5**

**6 O'clock Series**

Homophobia in Sports  
HUB Ohio Room

**October 7**

**Fourth Floor Meeting**

7:30 pm

**October 7, 14, 21, 28**

**RHC Meeting**

9:00 pm  
Northern 116

**October 8**

**Second Floor Meeting**

8:00 pm

**October 12**

**6 O'clock Series**

Financial Literacy  
HUB Ohio Room

**October 13**

**Three-Step Process Chat**

7:00 pm  
Northern 116

**October 19**

**6 O'clock Series**

Women in Science  
HUB Ohio Room

**October 20**

**IUP Preservice Teachers of Math Meeting**

7:00 pm  
Northern TV Lounge

**October 26**

**6 O'clock Series**

Prescription Drug Awareness  
HUB Ohio Room

**October 27**

**Midterm Grade Postings**

URSA—Academic Records

**October 29**

**Halls of Horror**

TBA Time  
Sutton Suites Multipurpose Room

**Week of Halloween**

**Halloween Door Contest**

Judging Friday, October 30  
12:00 pm

**October 30 –November 1**

**Family Weekend**

[Schedule](#)

### TBD DATES:

Look out for these programs during the month:

**Student Activism**

**Flag Football**

Begins in the Building and Eventually Goes Campus-wide!

**Science and Math Tutoring Hours**



## Contact Us

Gretchen: [yxbp@iup.edu](mailto:yxbp@iup.edu)  
Alex: [kvgp@iup.edu](mailto:kvgp@iup.edu)