

**Hourly and Meal Breakdown for Subsistence Allowances  
For overnight travel occurring on or after 10/1/09**

<b>HOURLY BREAKDOWN</b>			
<b>Daily Allowance</b>	<b>3 to less than 6 hours 25% of Full Daily Allowance</b>	<b>6 to less than 15 hours 62.5% of Full Daily Allowance</b>	<b>15 to less than 24 hours 100% of full Daily Allowance</b>
\$46	11.50	28.75	46.00
\$51	12.75	31.88	51.00
\$56	14.00	35.00	56.00
\$61	15.25	38.13	61.00
\$66	16.50	41.25	66.00
\$71	17.75	44.38	71.00

**M&IE (Meals and Incidental Expenses) Breakdown\*  
For overnight travel**

<b>M&amp;IE</b>	<b>\$46</b>	<b>\$51</b>	<b>\$56</b>	<b>\$61</b>	<b>\$66</b>	<b>\$71</b>
Breakfast	7	8	9	10	11	12
Lunch	11	12	13	15	16	18
Dinner	23	26	29	31	34	36
Incidentals	5	5	5	5	5	5

\* Figures per GSA Guidelines

**Revised 11/08/05**