



Indiana University of Pennsylvania
Center for Applied Psychology

**Living With Grief:
Diversity and End-Of-Life Care**

Hospice Foundation of America Sixteenth Annual Living With Grief® Teleconference

Presented by a Panel of Distinguished Experts, Moderated by Frank Sesno, Professor of Media and Public Affairs, George Washington University, and Special Correspondent, CNN

**Wednesday, April 29, 2009, 1:30-4:30 p.m.
Susquehanna Room, IUP Hadley Union Building**

Sponsored by Center for Applied Psychology, Indiana University of Pennsylvania, in cooperation with Family Hospice of Indiana County, Hospice Foundation of America, and Bence-Mihalcik Funeral Home, Inc.
Three (3) APA CEs are available for psychologists and Hospice Foundation of America CEs.

Workshop Abstract

HFA's 2009 teleconference, *Diversity and End-of-Life Care*, will examine how diversity influences end-of-life decision making and the impact that culture has at the time of death and during bereavement. One of the goals of the teleconference is to increase sensitivity by helping professionals acknowledge how their own cultural values and assumptions influence the delivery of care. The program will also discuss the challenges that may occur when culture considerations cause ethical concerns or moral distress.

Intended Audience

Psychologists, physicians, nurses, social workers, counselors, funeral directors, clergy and nursing home administrators, hospice staff

Workshop Objectives

At the conclusion of this teleconference, participants should be able to:

- 1) Define diversity and discuss sources of diversity such as ethnicity, class, sexual orientation, religion, and disability
- 2) Describe the ways that cultural diversity can both complicate and facilitate end-of-life experiences, including grief and adaptation to loss

- 3) Discuss the knowledge, sensitivities, and skills necessary to work with culturally diverse populations in end-of-life care
- 4) Assess the challenges hospice and palliative care present for culturally diverse groups, including African-Americans, Latinos/Hispanics, and Islamic-Americans
- 5) Describe effective strategies and programs to work with end-of-life issues with culturally diverse populations, including African-Americans, Latinos/Hispanics, and Islamic-Americans.

Agenda

- 1:00 Registration, HUB, Susquehanna Room
- 1:30 Teleconference
- 4:00 Conclusion of teleconference broadcast and beginning of local panel discussion
- 4:30 Conclusion of local discussions

Local Discussion Panel

- **Corbin Krug, M.S.W., L.S.W.**, VNA Family Hospice of Indiana County
- **Lynda Federoff, Ph.D.**, faculty member, Psychology Department, IUP
- **Charlotte Manges, R.N, B.S.N., M.A., L.S.W.**, Indiana Regional Medical Center, coordinator of Loss Program, Aftercare at Bence-Mihalcik Funeral Home and Gamble Funeral Home

REGISTRATION FORM: LIVING WITH GRIEF: DIVERSITY AND END-OF-LIFE CARE

NAME _____
MAILING ADDRESS _____

E-MAIL ADDRESS _____
DAY TELEPHONE _____
EVENING TELEPHONE _____

PRIMARY PROFESSIONAL IDENTITY:

- PSYCHOLOGIST
- SOCIAL WORKER
- COUNSELOR
- HOSPICE
- CLERGY
- STUDENT
- NURSE
- OTHER

TELECONFERENCE REGISTRATION: **FREE**

IF DESIRED:

APA CE FEE: ___ \$25 (FOR PSYCHOLOGISTS; PLEASE MAKE CHECK PAYABLE TO **IUP/CAP**)
HFA CE FEE: ___ \$25 **ON LINE, \$35 VIA MAIL** (HFA IS AN APPROVED PROVIDER FOR MOST PROFESSIONAL GROUPS. PLEASE MAKE CHECK PAYABLE TO **HOSPICE FOUNDATION OF AMERICA.**)

PLEASE RETURN THIS REGISTRATION FORM AND IF YOU DESIRE CE CREDITS WITH CE FEE CHECK TO:
**CENTER FOR APPLIED PSYCHOLOGY
UHLER HALL, ROOM 238
INDIANA UNIVERSITY OF PENNSYLVANIA
INDIANA, PA 15705-1064**

REGISTRATION DEADLINE IS APRIL 22, 2009.

Panel Information

Samira K. Beckwith, LCSW, FACHE

Samira K. Beckwith serves as president and CEO of Hope HealthCare Services, an award-winning hospice program headquartered in Fort Myers, Florida. Under her leadership, Hope cares for 1,800 people in an eight-county area each day. Ms. Beckwith has twice served on the board of the National Hospice and Palliative Care Organization, focusing on public policy, education, diversity, cultural issues, and better access to care. The National Association of Social Workers named her an NASW Social Work Pioneer in recognition of her exceptional contributions to the profession. In 2007, she was appointed to the Board of Directors of the American Society of Pain Educators, with which she works to raise the overall level of quality in inpatient care. Ms. Beckwith received her Master of Social Work degree from Ohio State University College of Social Work. She was among the first inductees into the college's Alumni Hall of Fame, in recognition of her significant contributions to the profession. She currently serves on the Board of Directors of the National Hospice Foundation.

Sandy Chen Stokes, RN, PHN, M.S.N.

Sandy Chen Stokes is a geriatric nurse specialist currently working as a public health nurse in El Dorado County, California. She is the founder and executive director of the Chinese American Coalition for Compassionate Care (CACCC), the only organization in the nation devoted to end-of-life issues for Chinese Americans. Since the coalition was formed in late 2005, membership has grown to more than sixty organizations working together to improve end-of-life care in the Chinese American community. Prior to establishing the CACCC, Ms. Chen Stokes modified the California Advance Health Care Directive to better fit Chinese cultural norms and translated it into Chinese. She then promoted the use of the Advance Health Care Directive and other end-of-life concerns in the Chinese media and at conferences around the nation. Ms. Chen Stokes served on the committee that designed the *Quality of Life Handbook*, the first end-of-life-related Chinese resource book ever published in the United States. For more than two years, she served on the National Advisory Committee of the National Hospice and Palliative Care Organization.

Kenneth J. Doka, Ph.D., M.Div.

Kenneth J. Doka is a professor of Gerontology in the Graduate School of the College of New Rochelle and senior consultant to the Hospice Foundation of America. A prolific author and editor, Dr. Doka serves as editor of HFA's *Living with Grief*® book series, its *Journeys* newsletter, and numerous other books and publications. In addition, Dr. Doka has served as a panelist on HFA's *Living with Grief*® teleconference programs for fifteen years. Dr. Doka was elected president of the Association for Death Education and Counseling in 1993. In 1995, he was elected to the Board of Directors of the International Work Group on Dying, Death, and Bereavement and served as chair from 1997 to 1999. The Association for Death Education and Counseling presented him with an Award for Outstanding Contributions in the Field of Death Education in 1998. In 2006, Dr. Doka was grandfathered in as a Mental Health Counselor under New York's first state licensure of counselors. Dr. Doka has keynote conferences throughout North America, as well as Europe, Asia, Australia, and New Zealand, and is a frequent guest on television and radio news programs. Dr. Doka is an ordained Lutheran minister.

Wanda Henry-Jenkins, MHS

Wanda Henry-Jenkins is a multifaceted human service and healthcare professional: writer, bereavement counselor, educator and manager, minister, nurse, and motivational and inspirational speaker. She is certified in cultural competency. Reverend Jenkins is a published author and was the department editor of cross-cultural perspective for *Bereavement Magazine*. Reverend Jenkins speaks at local, national, and international conferences on issues related to end of life, diversity, spiritual care, bereavement, grief, and mourning. Currently, Reverend Jenkins is the manager of Bereavement Services at VITAS Innovative Hospice Care in the Chicago Northwest Program. She is the recipient of the 1990 Miss Clairol Take Charge Award; the 1994 National Association of Social Workers' Public Citizen Award; the 1995 National Council of Negro Women Tribute to Black Women Community Leaders; and 1996 University of Pennsylvania Black Health Conference Nursing Award. Reverend Jenkins's books include *Hard Work: A Guided Journal for Survivors of Murder Victims*, 1999, and a *Guided Workbook for Adolescent Motherless Daughters*, 2005.

Richard Payne, M.D.

Richard Payne is director of the Duke Institute on Care at the End-of-Life and an internationally known expert in the areas of pain relief, palliative medicine, oncology, and neurology. A graduate of Yale University and Harvard Medical School, Dr. Payne completed postgraduate training in internal medicine at the Peter Bent Brigham Hospital in Boston and in neurology at the New York Hospital-Cornell University Medical College. He completed a fellowship in neuro-oncology and pain management at Memorial Sloan Kettering, later serving as the chief of Pain and Palliative Care Service and holding the Anne B. Tandy Chair in Neurology. Dr. Payne has authored or co-authored more than 250 peer-reviewed papers, invited reviews, book chapters, abstracts, and articles. He has co-edited two books: *Current Therapy of Pain*, with Dr. Kathleen M. Foley, and *Assessment and Treatment of Cancer Pain* with Drs. C. Stratton Hill and Richard B. Patt. Currently, Dr. Payne serves as the chair of the board of the Foundation for Hospices in Sub-Saharan Africa of NHPCO. He is also a board member of the National Coalition of Cancer Survivors.

Paul C. Rosenblatt, Ph.D.

Paul C. Rosenblatt has a Ph.D. in Psychology and is Morse-Alumni Distinguished Teaching Professor of Family Social Science at the University of Minnesota. His recent books include *Two in a Bed: The Social System of Couple Bed Sharing; African American Grief* (with Beverly R. Wallace); *Parental Grief: Narratives of Loss and Relationship*; and *Help Your Marriage Survive the Death of a Child*. He is completing work on a book tentatively entitled *Shared Obliviousness in Family Systems*, and he is also working on a book on how African-American novelists have characterized the effects of white racism on African-American families. Among his current research projects are a study (with John R. Barner) of how couple relationships are influenced by the death of a parent of one of the partners and a study (with Liz Wieling) of how people experience and understand intimacy in their closest relationship.

Carlos Sandoval-Cros, M.D.

Carlos Sandoval-Cros is a psychiatrist in private practice and an Episcopal priest. Dr. Sandoval-Cros earned his medical degree from the Catholic University Mater et Magistra in the Dominican Republic. After graduating from medical school, he attended seminary, went to Quito, Ecuador, as a medical missionary, and was ordained a priest. Dr. Sandoval-Cros returned to Miami and completed his psychiatry residency at University of Miami/Jackson Memorial Hospital and took a position as assistant professor in the Department of Psychiatry and psychiatrist for the Courtelis Center for Psychosocial Oncology. He became director of the center in 1998. After ten years at the University of Miami, he went into private practice, working mostly in geriatric psychiatry. Dr. Sandoval-Cros also serves as pastor of Saint Simon's Episcopal Church, a bicultural congregation in southwest Miami.

Moderator

Frank Sesno is professor of Media and Public Affairs at George Washington University in Washington, D.C., where he teaches about the media and its impact on the shape and direction of public policy in America. In addition, Mr. Sesno serves as a special correspondent for CNN. From 2004 to 2005, public television aired *Sesno Reports*, a series of programs focusing on key issues facing the country. In 2003 he hosted *worldtalk*, an Emmy award-winning globally focused public affairs series on WETA. Prior to joining the faculty at George Washington, Mr. Sesno served as a university professor of public policy and communication at George Mason University in Virginia. He has anchored and reported many major international news events, including Presidential and economic summits, Middle East Peace talks, and the fiftieth anniversary of D-Day from Normandy. Mr. Sesno has been a senior fellow with the Center for Strategic and International Studies and a member of the Council on Foreign Relations. He is also a former trustee of Middlebury College and is a former board member of the Robert F. Kennedy Memorial Journalism awards. Mr. Sesno originally joined CNN in 1984 from AP Radio, where he was an overseas correspondent based in London and later a White House correspondent. He started his broadcast career with WCFR Radio in Springfield, Vermont. Mr. Sesno earned an honors degree in American history from Middlebury College, graduating *cum laude*. He holds an honorary doctorate from the Monterey Institute of International Studies. Mr. Sesno moderated the 2006, 2007, and 2008 teleconference programs.

Continuing Education Approval

This program is cosponsored by the Hospice Foundation of America (HFA) and IUP Center for Applied Psychology. The Center for Applied Psychology is approved by the American Psychological Association to offer continuing education for psychologists. The Center for Applied Psychology maintains responsibility for the program and its content. This teleconference is available for three (3) APA CEs. A \$25 CE recordkeeping fee is required.

The Hospice Foundation of America also offers three (3) CE credits for a \$25 ON-LINE fee or \$35 via mail to social workers, nurses, and clergy and many other professional groups. Participants desiring CE certificates must so indicate on the registration form and provide the name to appear on the certificate.

IUP is a member of the Pennsylvania State System of Higher Education.

If you have questions about this teleconference or about CE, call 724-357-6228 or visit www.iup.edu/psychology