



S.T.A.H.L. NEWS

STUDENTS TALKING ABOUT HEALTHY LIFESTYLES...WORDS OF WHIZ-DOM

Brought to you by the Haven Project at the Center for Health and Well-Being

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WHAT MEN CAN DO TO STOP RAPE

While most perpetrators of rape and sexual assault are men, not all men are perpetrators! This edition of the STAHL News shares statistics about violence and sexual assault as well as tips for how men can be a part of the solution, end sexual violence, and create safer communities.

Did you know that 1 in 4 women and 1 in 6 men are the victims of sexual assault by the age of 18? (RAINN.org).

Men can be victims too! Over two million men in the U.S. have been victims of sexual assault or rape (RAINN.org). Sexual violence is not just a women's issue.



Men can stop violence and rape culture by not ignoring when a sibling, friend, classmate, teammate and /or stranger is being abusive of others. This is not limited to physical abuse. Abuse can be verbal, emotional, psychological, or sexual in nature. This includes disregarding someone's feelings, opinions, rights, or simply being disrespectful. You addressing the issue can make a huge impact and end violence!

Men can stop violence and rape culture by challenging rape jokes and social media content that makes light of the abuse of others. Wall posts such as "I just raped that test" don't need likes, they need to be addressed. Freedom of speech is not an excuse for belittling the crimes of rape and sexual abuse.



75% of college men would intervene to stop sexual assault. (RAINN.org) Do your part to stop violence and rape culture.



Men can stop violence and rape culture by approaching gender violence as a human issue. Gender violence impacts EVERYONE. It's not the victims issue, it's EVERYONE'S issue. It's something men of all backgrounds can address.

Want to Learn More?

- www.mencanstoprape.org
- www.pcar.or/men-against-sexual-violence-masv
- www.1in6.org



Help is Available. You're Not Alone.

- The Haven Project at the Alice Paul House (724) 349-4444
* 24/7 hotline — free and confidential services
- The Haven Project at the Counseling Center (724) 357-2621
 - University Police (724) 357-2141
 - Title IX Coordinator (724) 357-4040

Did you know that 1 in 6 women and 1 in 33 men are the victims of a completed rape in their lifetime? Take a stand against sexual violence by Getting the Green Light! Vow to ALWAYS seek TRUE consent (a sober, verbal, enthusiastic "yes") from your partner every time you engage in any form of sexual activity.



Men can stop violence and rape culture by getting INVOLVED and INFORMED on campus

- ◆ Inquire about The Haven Project for information about upcoming events and AWAREness Campaigns
- ◆ Request a program from the Peer Educators of the Haven Project or attend an event already scheduled
- ◆ Join the Men's Awareness Program, SAGE, and the Women's Studies Club
- ◆ Take a Women's studies class to learn more about gender violence and other issues that impact women and society in general
- ◆ Volunteer for Take Back the Night by emailing haven-project@iup.edu

IUP HAVEN PROJECT
Supporting Survivors
topping Violence

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