

S.T.A.H.L. NEWS

STUDENTS TALKING ABOUT HEALTHY LIFESTYLES...WORDS OF WHIZ-DOM

Brought to you by The Haven Project at the Center for Health & Well-Being

April 7, 2014



April is Sexual Assault Awareness Month!

IT'S TIME ... TO TALK ABOUT IT!
Your voice. Our future. Prevent sexual violence.

What is it? Sexual assault occurs whenever an individual feels forced, coerced, and/or manipulated into unwanted sexual activity. Sexual assault includes rape, incest, date/acquaintance rape, marital or partner rape, sexual exploitation, unwanted contact, sexual harassment, exposure, and voyeurism.
IUP is committed to ending all forms of violence. For more information, on sexual violence visit www.iup.edu/haven.

What can men do?

Sexual assault is not a women's issue; it's a societal issue. According to RAINN, 74% of men would intervene to stop a sexual assault from taking place. Together, we can create a campus where 100% of men would take a stand against violence! Men can act as empowered bystanders, confront abusive peers, help stop victim blaming, stop the perpetuation of sexism, mentor other males, and support male and female victims. **Men can stop rape.**

Know the facts.

- Every 2 minutes someone is sexually assaulted in the U.S.
- College-aged women are four times as likely to be sexually assaulted than any other age group.
- One in four women and one in six men will experience sexual assault before the age of eighteen.
- Since 1993, sexual assault has decreased by more than half! **We are making progress, but we still have a lot to do in order to solve this problem!** (RAINN)

★★★ **TBTN 2014** ★★★
Wednesday, April 16
8:00pm Delaney Courtyard

ABUSE IS NEVER THE FAULT OF THE VICTIM!

Together we can stop violence and support survivors!

- Be an active bystander! Step in to give help and step out to get help!
- Always seek TRUE consent (a sober, verbal, enthusiastic "yes") from your partner every time you engage in sexual activity.
- Know resources to support a friend in need.
- Get involved! Sign up to volunteer at Take Back the Night! Email haven-project@iup.edu for more information.



If you or someone you know has been a victim of sexual assault, Help is Available:

The Haven Project at the The Alice Paul House:
24/7 hotline
724-349-4444

The Haven Project at the Counseling Center
724.357.2621

The University Police:
724-357-2141

Title IX Coordinator:
724-357-4040

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Updated by Donovan Daniel
Sources: Rainn.org, <http://www.iup.edu/haven>



You're not alone.
There's help.