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Education

Current Ph.D. candidate in the Communications Media and Instructional Technology
 Ph.D. Program at the Indiana University of Pennsylvania
1995 Graduated with an M.B.A Degree from the Indiana University of Pennsylvania
1990 Graduated with a B.S. Degree majoring in Marketing from the Indiana University
 of Pennsylvania (minors in biology and management)

Teaching Experience

Spring 2005 Advertising 101 for Small Business at the Continuing Education Department of
 the Indiana University of Pennsylvania
Spring 2005 Writing for Magazines and Newspapers at the Continuing Education Department
 of the Indiana University of Pennsylvania
Fall 2004 Writing for Fun and Profit at the Continuing Education Department of the Indiana
 University of Pennsylvania

Publications

Forrest, J. & Mocek, L. (2012). "Research design: Qualitative, quantitative and mixed method approaches" Book Review. *Journal of Communications Media Studies*, 4(1), 179-180.

Lamberski, R., Dudt, K., & Forrest, J. (2010). Helpful strategies for designing a comprehensive self-study for university communication media departments. *Proceedings of the Laurel Highlands Communications Conference 2010* (pp. 5-25). Indiana: Indiana University of Pennsylvania.

Lamberski, R., & Forrest, J. (2009). Media majors' weekly involvement in mass media and social networking technologies. *Proceedings of the Laurel Highlands Communications Conference 2009* (pp. 39-49). Indiana: Indiana University of Pennsylvania.

Leidman, M.B., McKeague, M., Forrest, J., & Keppel, D. (2011). ET phone home? Cyber communication changes among college freshmen. *Journal of Communications Media Studies*, 3(1), 109-120.

McKeague, M., Forrest, J., & Roeper, K. (2009). The need for oral communications & presentation skills in undergraduate programs. *Proceedings of the Laurel Highlands Communications Conference 2009* (pp. 39-42). Indiana: Indiana University of Pennsylvania.

Piwinsky, M., Forrest, J. & Fulton, L. (2011). Trends and Issues in Hiring Practices Among Communications Departments. *Journal of Communications Media Studies*, 3(1), 149-170.

Piwinsky, M., Forrest, J. & Fulton, L. (2011). Trends and Issues in Hiring Practices Among Communications Departments. *Proceedings of the Third Laurel Highlands Conference 2011* (pp. 108-115). Indiana: Indiana University of Pennsylvania.

Piwinsky, M., Forrest, J. L., & Turner, M. M. (2009). Three degrees: Does obtaining one's bachelor's, master's, and doctorate at the same institution hinder a candidate's success in the academic job market – A study of the field of communications. *Journal of Communications Media Studies*, 1(1), 100-119.

Start, J., Lamberski, R., & Forrest, J. (2010). Where do undergraduate college students get their news? *Proceedings of the Laurel Highlands Communications Conference 2010* (pp. 57-73). Indiana: Indiana University of Pennsylvania.

Presentations

Forrest, J. (2013). *Faculty and Teachers Using Picasa 3 Photo Editing Software in the Classroom*. College of Education and Educational Technology -Technology Day, January 2013, Indiana, PA.

Forrest, J. (2012). *Changes in communication technology usage among college freshmen*. IUP Graduate Scholars Forum, April 2012, Indiana, PA.

Forrest, J. (2012). *Using Facebook to encourage and monitor students working on group projects*. College of Education and Educational Technology -Technology Day, January 2012, Indiana, PA.

Forrest, J. (2012). *Using Google Documents to Collaborate on Academic Research Writing for Publication*. College of Education and Educational Technology -Technology Day, August 2012, Indiana, PA.

Forrest, J. (2009). *U.S. laws and the growth of the Internet pornography industry*. English Graduate Organization and Graduate Student Assembly Interdisciplinary Graduate Conference, June 2009, Indiana, PA.

Forrest, J. (2005). Writing/Publishing Panel. Boyce Campus of the Allegheny County Community College.

Forrest, J. (2004). *Effective Business Communications*. Pennsylvania Business and Professional Women's Federation State Convention, Harrisburg, PA.

Forrest, J. (2003) Editorial Panel. Annual Writers' Conference. Seton Hill University.

Forrest, J., & Fulton, L. (2012). *Opportunities in communications departments and applicants having three degrees from the same university*. Poster presentation at The Graduate Scholars Forum 2012. Indiana: Indiana University of Pennsylvania.

Forrest, J., McKeague, M., Leidman, M.B., & Keppel, D. (2011). *Changing habits of cyber*

communications usage among college freshman. Laurel Highlands Communications Conference, October 2011, Indiana, PA.

Lamberski, R., Dudt, K., & Forrest, J. (2010). *Helpful strategies for designing a comprehensive self-study for university communication media departments.* Laurel Highlands Communications Conference, October 2010, Indiana, PA.

Lamberski, R. & Forrest, J. (2009). *Media majors' weekly involvement in mass media and social networking technologies.* Laurel Highlands Communications Conference, October 2009, Indiana, PA.

Roeper, K., McKeague, J., & Forrest, J. (2009). *The need for oral communications & presentation skills in undergraduate programs.* Laurel Highlands Communications Conference, October 2009, Indiana, PA.

Start, J., Lamberski, R., & Forrest, J. (2010). *Where do undergraduate college students get their news?* Laurel Highlands Communications Conference, October 2010, Indiana, PA.

Service

- 2004 – 2013 Volunteer Judge for the Arin Computer Science Fair sponsored by the Arin Intermediate Unit and the Communications Media Department of the Indiana University of Pennsylvania
- 2008 – 2010 (While working as a GA) Worked as a member of the team which created and organized the annual, academic, communications conference "Laurel Highlands Communication Conference." Helped to organize the opening reception for the new COMIT Ph.D. program at IUP. Worked with faculty members to obtain IRB approval for research projects and to help faculty write and publish their research in academic journals and conference proceedings. Created and designed the first issue of an academic journal called "Journal of Communications Media" for IUP's Communication Department.
- 2005 Served on the Nominations Committee for Board of Directors of the Indiana County Chamber of Commerce
- 2004 – 2009 Served on the Steering Committee for the Leader's Circle helping to organize the annual Indiana County Awards Banquet where the ATHENA award, the Civic Leader Male and Female awards, and the IUP Medal of Distinction recipients are honored each spring.

Awards, Memberships, and Scholarships

- 2013 – Current Member of the Eastern Communication Association
- 2000 – Current Member of the Business and Professional Women's Federation
- 2012 Won First Place Research Award for the College of Education and Educational Technologies at the 2012 IUP Graduate Scholars Forum at the Indiana University of Pennsylvania.
- 2009 Received a Women's Leadership Award from IUP

- 2009 Awarded a \$500 Graduate Merit Scholarship from the School of Graduate Studies and Research at IUP
- 2003 Honored as “Woman of the Year” by the Indiana, PA chapter of the Business and Professional Women
- 2001 Won the National Young Careerist Award from the Business and Professional Women’s Federation/USA at their annual, national convention in Portland, Oregon