S.T.A.H.L. NEWS

STUDENTS TALKING ABOUT HEALTHY LIFESTYLES...WORDS OF WHIZ-DOM

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Bystander Intervention

Be an intervener!

Situations that could use intervention occur all the time– its when someone becomes an intervener that can change lives!

-Everyone needs a friend, even if the friend is a bystander. Wouldn't you want someone to help you out if you needed it?

WANT TO BE A SUPERHERO?!

You should want to help your campus community! We are all family. We should all be looking out for each other.

Here are some things you can do if you see a situation that might require intervening:

1. Notice the Incident
2. Interpret incident as emergency
3. Assume Responsibility
4. Attempt to Help

Always Remember:

The best way bystanders can assist in creating an empowering climate free of interpersonal violence is to diffuse the problem behaviors before they escalate.

Tips for intervening:

- Approach everyone as a friend
- Do not be antagonistic
- Avoid using violence
- Be honest and direct whenever possible
- Recruit help if necessary
- Keep yourself safe
- If thing get out of hand or become too serious, contact the police

STEP IN & give help or STEP OUT & get help!

"Our lives begin to end the day we become silent about things that matter."

-Dr. Martin Luther King Jr.

How to STEP UP and start taking action!

- Raise awareness of helping behaviors
- Increase motivation to help
- Develop skills and confidence when responding to problems or concerns
- Ensure the safety and well-being of yourself and others

IUP HAVEN PROJECT
Supporting Survivors
Stopping Violence

Sources:

http://www.alleydog.com/glossary/definition.php?term=Bystander%20Effect

www.stopabuse.vt.edu/pdf/playbook.pdf and http://savp.vassar.edu/facts/bystander-intervention.html