S.T.A.H.L. NEWS

Students Talking About Healthy Lifestyles...Words of Whiz-Dom

Brought to you by Haven Project, Center for Health And Well-Being September 10, 2012

Alcohol And Consent Don't Mix

Alcohol and Consent DO NOT MIX! From the first sip of alcohol, it begins to enter your bloodstream and affect your brain. Since alcohol is a depressant it suppresses your brain functions making your judgment, actions, and decisions less than stellar. Drugs and alcohol make us vulnerable, even when they make us feel invincible!

DO YOU HAVE THE GREEN LIGHT?

When you have Consent:

- The individuals have indicated they are interested in having sex
- Everyone involved is clearly capable of making an informed decision of his/her own free will

There is NO Consent when:

- The person is passed out, asleep, incoherent, staggering or unaware of the environment
- You think it is consent because the person is not resisting
- You are not sure
- You have had sex with the person before but they are not interested this time
- You don't think the person would consent when they are sober

"If you're not sure, ***ASK FIRST or ASK AGAIN***. If you're not 100% positive s/he has consented, ***DON'T DO IT!"***

DID YOU KNOW

Defined in Pennsylvania Law it is illegal to engage in sex when a person is:

- unconscious, or when the victim is unable to give consent
- administered drugs and alcohol without knowledge in order to prevent resistance

"So what if both people are drunk? Are they assaulting each other?"

The presence of alcohol in someone's bloodstream does not automatically make it rape. If both people are drunk and they have sex, but neither feels they have been violated, no crime has been committed. *Feeling violated is not the same as feeling regret or embarrassment.*

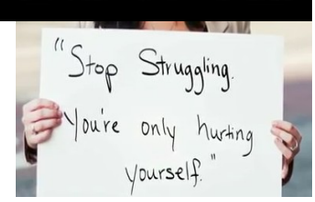
By the way.... Consent is sexy!

A healthy relationship is based on mutual respect and communication! Want to make your partner feel good? ***Ask what they like, don't just assume!***

DOESN'T MEAN SHE'S SAYING YES.

project UNBREAKABLE

September 13, 2012
7:00 PM– 8:00 PM
HUB Ohio Room
**Attendance vouchers provided*



Project Unbreakable showcases photographs of survivors of sexual assault with a quote from their attacker.

Come meet the creator, Grace Brown, as she discusses how the project came to be, the power of having a voice, and stories behind the images.

If you would like to participate and be photographed at IUP email Projectunbreakable@Gmail.com - "Photograph me" in the subject line

If you would like to submit your own photo email Projectunbreakablesubmissions@Gmail.com

Need Help?

Safety
University Police.....724-357-2141
Police.....9-1-1

Medical Care
Indiana Regional Medical Center.....724-357-7121

Advocacy/24 hour hotline
The Haven Project at Alice Paul House.....724-349-4444

The Counseling Center
The Counseling Center.....724-357-2621

Education
The Haven Project.....724-357-4799
ATOD/Oasis 724-357-1265

Written by: Katie Graham
Brought to you by the Haven Project
Center for Health and Well-Being

IUP HAVEN PROJECT
Supporting Survivors
Stopping Violence

Sources of information:
www.yesmeansyes.com/drugs-and-alcohol
www.alcoholmonitoring.com getconsent.dal.ca/alcohol_and_consent
www.stanford.edu/group/maan/cgi-bin/?page_id=305