Faith M. Bellinger, MS, RD, LDN

Email: f.bellinger@iup.edu

Education:

Indiana University of Pennsylvania, Indiana, PA May, 2010
Master of Science in Food and Nutrition

Indiana University of Pennsylvania, Indiana, PA June, 2009
Certificate-Dietetic Internship

Mansfield University, Mansfield, PA May, 2008
Bachelor of Science in Nutrition and Dietetics

Personal Qualities:

-Motivating - Leadership -Creative
- Communication - Analytical - Personable

Experience:

Instructor - Indiana University of Pennsylvania, Indiana, PA (January 2012 – Current)

- Department of Food and Nutrition:
  - Instructor of FDNT 143: Nutrition and Wellness and FDNT 212: Nutrition
  - Participate in department and faculty meetings. Complete departmental tasks as given in a timely manner.

Clinical Dietitian – Select Specialty Hospital, Johnstown PA (June 2012 – Current)

- Per Diem position providing clinical nutrition services to all patients. Special diets, tube feeding, TPN, supplements, reviewing lab values, and writing progress notes in patient charts.

Eat Well Play Hard Coordinator- Family Enrichment Network, Johnson City, NY (January 3, 11-September 30, 11)

- Coordinator of the Eat Well Play Hard in Child Care Setting (EWPHCCS) Program through a state funded grant by the New York State Department of Health teaching nutrition and physical activity education to 3 to 5 year old children and their parents.
- Training child care staff in childhood obesity, healthy living, and communication with parents regarding nutrition and physical activity.
- Preceptor of a Marywood University Dietetic Intern for a 10 week Community Nutrition rotation.

Graduate Assistant- Indiana University of Pennsylvania, Indiana, PA (August 2009-May 2010)

- Teaching undergraduate classes upon professor request, grading worksheets, papers, and projects, scheduling appointments and organizing undergraduates for nutrition counseling. Experimental foods lab aide: purchasing and organizing food, and helping with various lab activities.

Supervised Experience:

Dietetic Intern- Indiana University of Pennsylvania, Indiana, PA (July 2008-June 2009)

Clinical Experience: August 2008-October 2008

- Gained both acute care clinical nutrition experience and long term care clinical nutrition experience in facilities in and near Indiana, PA. Experience includes care plans, special diets associated with patient's disease state and diagnosis, tube feeds, TPN, and writing progress notes. Proficient in the nutrition care process.

Intervention Experience: October 2008-January 2009

- Conducted individual and group nutrition counseling to clients at various facilities in/near Indiana, PA.

Nutrition Education Experience: January 2009-March 2009

- Provided nutrition education to many different age groups and education levels on various nutrition related topics in/near Indiana, PA.

Management Experience: March 2009-June 2009

- Worked in Armstrong School District, Armstrong County, PA: Experience includes meals per man hour, working with a BID, working with a budget, scheduling employees, menu planning, and various surveys and projects within the school district. Community nutrition project involved helping to manage a Food Drive benefiting a local community food bank.
- Head manager for Indiana's Cookin': A food show held in Indiana, Pennsylvania that had 700 attendees.

Research:

Indiana University of Pennsylvania, Indiana, PA (September 2009-April 2010)

- Wrote a research proposal that was reviewed and accepted by the Indiana University of Pennsylvania Internal Review Board (IRB).
- Wrote a grant proposal for a research study "The Relationship between Regular Breakfast Consumption, Academic Performance, Alertness, and Attendance among College Students." This grant was awarded.
- Wrote a travel grant proposal for presenting the above research at the 77th Annual Pennsylvania American Dietetic Association (PADA) Meeting. This grant was partially awarded.

Presentations:

- The Relationship between Breakfast Consumption, Academic Performance, Alertness, and Attendance among College Students (April 2010)
    - Conducted a research study with a fellow classmate on the relationship between regular breakfast consumption and academic performance, alertness, and attendance among college students at Indiana University of Pennsylvania.
    - Presented at Indiana University of Pennsylvania and the 77th Annual Pennsylvania American Dietetic Association Annual Meeting.
- Hepatic Encephalopathy: A Case Study (June 2009)
    - Case study presentation to dietetic intern class.

Activities and Honors:

- Most Creative Poster- 77th PADA Annual Meeting (April 26, 2010)
- Academy of Nutrition and Dietetics Member (2010-2011)
- Academy of Nutrition and Dietetics Student member (2007-2009)
- American Diabetes Association (Member 2006-2011)
    - Certificate of Appreciation (2009)
- Student Dietetic Association- Mansfield University (2005-2008)
    - Secretary (Fall 2006-Spring 2008)
    - Most Dedicated Member Award (Spring 2007)