

LSC Use Only No:	LSC Action-Date:	UWUCC USE Only No.	UWUCC Action-Date:	Senate Action Date:
		11-157b	App-4/19/12	App-5/10/12

Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee

Contact Person Robert E. Alman II	Email Address balman@iup.edu
Proposing Department/Unit Health and Physical Education	Phone 7-4410

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

1. Course Proposals (check all that apply)
 New Course Course Prefix Change Course Deletion
 Course Revision Course Number and/or Title Change Catalog Description Change

Current Course prefix, number and full title **HPED 375**
Physiological Basis of Strength Training Proposed course prefix, number and full title, if changing

2. Additional Course Designations: check if appropriate
 This course is also proposed as a Liberal Studies Course. Other: (e.g., Women's Studies, Pan-African)
 This course is also proposed as an Honors College Course.

3. Program Proposals
 New Degree Program Program Title Change Program Revision
 New Minor Program New Track Other

Current program name Proposed program name, if changing

4. Approvals		Date
Department Curriculum Committee Chair(s)	<i>Richard Howard</i>	04/06/2012
Department Chair(s)	<i>[Signature]</i>	4/6/2012
College Curriculum Committee Chair	<i>Jane Wachtel</i>	4/11/2012
College Dean	<i>Mary E. Seiler</i>	4/12/12
Director of Liberal Studies *		
Director of Honors College *		
Provost *		
Additional signatures as appropriate: (include title)		
UWUCC Co-Chairs	<i>Gail Sedrutz</i>	4/19/12

* where applicable

Received
APR 17 2012
Liberal Studies

Part II. Description of Curriculum Change

1. Catalog Description (new):

HPED 375 Physiological Basis of Strength Training	3 class hour 0 lab hours 3 credits (3c-0l-3cr)
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Prerequisite: C or higher in HPED 221 Structure and Function or C or Higher in BIOL 150 Human Anatomy

Designed to give the student the anatomical and physiological basis of muscle function. Students should also gain an understanding of changes that can be made through weight training and knowledge of programs that will bring about these changes. Opportunities for working with various types of equipment will be available.

2. Proposed Changes

* Prerequisites

Current Description:

HPED 375 Physiological Basis of Strength Training	3 class hour 0 lab hours 3 credits (3c-0l-3cr)
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Prerequisite: Requires C or better in HPED 221

Designed to give the student the anatomical and physiological basis of muscle function. Students should also gain an understanding of changes that can be made through weight training and knowledge of programs that will bring about these changes. Opportunities for working with various types of equipment will be available.

Proposed Description:

HPED 375 Physiological Basis of Strength Training	3 class hour 0 lab hours 3 credits (3c-0l-3cr)
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Prerequisite: C or higher in HPED 221 Structure and Function or C or Higher in BIOL 150 Human Anatomy

Designed to give the student the anatomical and physiological basis of muscle function. Students should also gain an understanding of changes that can be made through weight training and knowledge of programs that will bring about these changes. Opportunities for working with various types of equipment will be available.

Education Program (CAAHEP). The certification requires course sequencing and academic standards to be in place to maintain accreditation.

Part III. Letters of Support or Acknowledgement:

NA