Indiana University of Pennsylvania
Center for Applied Psychology

Integrating a Non-Medical View of Sexual Problems into Clinical Practice: The Contribution of the New View Campaign

Presented by **Dr. Leonore Tiefer, PhD**
Associate Clinical Professor of Psychiatry at
New York University School of Medicine and
Albert Einstein College of Medicine

Friday, April 13, 2012
9:15 am – 12:15 pm
210 Stabley Library
429 S. 11th St., Indiana, PA, 15705

Workshop Description

Sex therapy is often taught as a set of technical and professional skills, requiring expert knowledge of sexual dysfunction nomenclature, diagnosis-oriented sexual history talking, and eclectic use of behavioral, mindfulness, and cognitive behavioral skills, plus team networking with physicians, pelvic floor therapists, and pharmacologists. This workshop will take a different perspective, approaching sex therapy as a psychoeducational endeavor that is part of the politics of sexual life. Dr. Tiefer's *New View Campaign* (newviewcampaign.org) offers an approach to sexual problems that avoids pathologizing at the same time as it recognizes complaints and distress and the legitimacy of some forms of professional intervention. This approach to sex therapy combines knowledge of the history of sexual medicine and selective use of clinical resources so as to maintain a nonmedicalizing position. Dr. Tiefer argues that clinicians must appreciate the delicate balance between facilitating sexual self-understanding and change and buying into an antiquated medical model of "sexual function and dysfunction." The workshop will provide a didactic introduction to contemporary sexual medicine and the New View critique along with the opportunity to discuss case examples and engage in interactive activities.

Objectives

- Summarize the history of sex therapy
- Describe the terms, labels, and assumptions of the medical model of sex therapy
- Critically analyze the medical model applied to human sexuality
- Assess the cultural context that may contribute to women's experience of sexual problems
- Explain and discuss ways to facilitate sexual self-understanding in clients

Audience

This workshop will be of interest to: psychiatrists, psychologists, social scientists, family physicians, nurses, social workers, sex educators, and other health professionals.

Presenter

Leonore Tiefer, PhD, author, educator, researcher, therapist and activist has specialized in many areas of sexuality. She is currently Associate Clinical Professor of Psychiatry at both New York University School of Medicine and Albert Einstein College of Medicine and has a private psychotherapy and sex therapy practice in Manhattan. Dr. Tiefer has written widely about the medicalization of men's and women's sexuality. She has been interviewed by news media around the world and appeared on many news shows as the foremost critic of "disease-mongering" trends in the medical management of women's sexual problems.

Location and Parking

The workshop will be held at Indiana University of Pennsylvania's Stabley Library (Room 210), 429 S. 11th St., Indiana, PA, 15705. Parking is available in IUP's Parking Garage.

Continuing Education Approval

This program is sponsored by IUP Center for Applied Psychology. The Center for Applied Psychology is approved by the American Psychological Association to offer continuing education for psychologists. The Center for Applied Psychology maintains responsibility for the program and its content. This workshop is available for three (3) CE's. A $25 CE record keeping fee is required.

If you have questions about this workshop or about Continuing Education, please call 724-357-6228.

Integrating a Non-Medical View of Sexual Problems into Clinical Practice:
The Contribution of the New View Campaign

Workshop Registration – FREE
CE Fee: $25.00

Name_____

Mailing Address_____

Email_____

Primary Profession_____

If Desired:

CE Fee: ___ $25 (for psychologist; please make check payable to IUP/CAP)

Please return this registration form and payment for continuing education if applicable to: 1020 Oakland Ave., 238 Uhler Hall, Indiana, PA, 15705-1087 or you may register onsite the day of the workshop.