Week 7 Spring 2012 Tuesday- National Nutrition Month Feature @ Lunch, Wednesday – Beach Buffet

	Monday 3/5	Tuesday 3/6	Wednesday 3/7	Thursday 3/8	Friday 3/9	Saturday 3/10	Sunday 3/18
Breakfast	Scrambled Eggs Egg Beaters Omelets to Order Waffles all Day French Toast Carved Ham & Turkey Sausage, Hash Browns Hard Boiled Eggs	Scrambled Eggs Egg Beaters Omelets to Order Waffles all Day Pancakes, Pork & Turkey Sausage, Sausage Gravy Breakfast Potatoes Hard Boiled Eggs	Scrambled Eggs Egg Beaters Omelets to Order Waffles all Day French Toast Bacon & Turkey Sausage Hash Browns Hard Boiled Eggs	Scrambled Eggs Egg Beaters Omelets to Order Waffles all Day Pancakes, Pork & Turkey Sausage, Corned Beef Hash Breakfast Potatoes Hard Boiled Eggs	Scrambled Eggs Egg Beaters Omelets to Order Waffles all Day French Toast Bacon & Turkey Sausage Hash Browns Hard Boiled Eggs	Scrambled Eggs Egg Beaters Waffles all Day Oatmeal Pancakes, ,Pork & Turkey Sausage, Hash Browns	Scrambled Eggs Egg Beaters Waffles all Day Pork & Turkey Sausage, Home Fries French Toast Bacon Quiche Oatmeal
Flat Top Grill Lunch	**Grilled Hot Sausage** **Grilled Cheese** Onions & Peppers French Fries Tomato Soup	**Philly Steak** **Sandwich** **Grilled Cheese** French Fries Coleslaw Tomato Soup	**Chicken Quesadilla** **Grilled Cheese**, French Fries, Mexi- Rice Salsa & Sour Cream	**Fried Egg Sandwich** **Grilled Cheese** French Fries Tomato Soup	**Grilled Pepperoni &** **Provolone** **Grilled Cheese** Tator Tots	**Omelets to Order**	**Omelets to Order**
Home Lunch	**Carved Roast Beef** **& Gravy** **Fish Sandwich** Parsley Potatoes Corn Carrots **Cavatappi Caesar**	**Hot Turkey** **Sandwich** **Meatball Subs** Mashed Potatoes Bread Stuffing Peas Veg Medley **Penne Balsamic** **Salad**	**Herbed Chicken,** **Beef Tips w/** **Peppers & Onions** Wild Rice Pilaf Carrots Cauliflower **Mixed Vegetable** **Salad**	**Buffalo Chicken** **Mash** **Turkey Joes** Mashed Potatoes Seasoned Corn Steamed Broccoli **Vegetable Rotini** **Salad**	**Baked Chicken** **Tuna Noodle** **Casserole** Escalloped Potatoes Green Peas and Mushrooms Squash Medley **Panzanella Salad**	**Chicken Patty** Macaroni & Cheese Carrots Peas & Pearl Onions	**Carved Roast Beef** **Chicken Stir Fry** Mashed Potatoes & Gravy Collard Greens Corn
Mediterranean Lunch	**Supreme Meat Pizza** Cheese Pizza Pepperoni Pizza Veggie Pizza Stuffers	**Cajun Chicken Pizza** Cheese Pizza Pepperoni Pizza Veggie Pizza Stuffers	**Hawaiian Pizza** Cheese Pizza Pepperoni Pizza Veggie Pizza Stuffers	**White Vegetable** **Pizza** Cheese Pizza Pepperoni Pizza Veggie Pizza Stuffers	**MYO Personal Pizza** Cheese Pizza Pepperoni Pizza Veggie Pizza Stuffers	**Assorted Pizza** & **Pasta Bar**	**Assorted Pizza** & **Pasta Bar**
Veggie Lunch	**Portobello Pilaf** White & Brown Rice Vegetable Medley **Veggie Burgers**	**March Nutrition** **Month** **Thai Tofu & Veggies** **Veggie Burgers**	**Veggie Enchiladas** White & Brown Rice Glazed Carrots **Veggie Burgers**	**Szechuan Tofu** White & Brown Rice Oriental Vegetables **Veggie Burgers**	**Tofu Vegetable** **Pizza** White & Brown Rice Green Bean **Veggie Burgers**	Closed	**Stuffed Tomatoes** White & Brown Rice Capri Vegetable Medley **Veggie Burgers**
Home 2 Lunch	**Taco Salad** Tortilla Chips, Beef, Beans & Toppings	**Chicken Caesar** **Wrap**	**Picadillo Station**	**Baked Potato Bar** Russets, Reds & Sweet Potatoes	**Macho Nacho Bar** Chili, Refried Beans, Spanish Rice	Closed	Closed
Exhibition Lunch	**"Design Your Own"** **Pasta Dish** Marinara, Alfredo, Pomodoro Sauce	**"Design Your Own"** **Pasta Dish** Marinara, Gorgonzola, Meat Sauce,	**"Design Your Own"** **Pasta Dish** Marinara, Tomato Basil Alfredo, Meat Sauce	**"Design Your Own"** **Pasta Dish** Marinara, Alfredo, Olive Oil & Garlic	**"Design Your Own"** **Pasta Dish** Marinara, Red Pepper Cream, Sausage	Closed	Closed

Char Grill Lunch	**Hot Dog Bar** French Fries Coleslaw	**Mushroom Swiss Burger** Potato Salad & Fries	**Chicago Style Hotdogs** French Fries	**Philly Burgers** Onions & Pepper French Fries	**Turkey Burger** Pasta Salad French Fries	Closed	**Burgers & Dogs** French Fries Condiments
Deli	**Turkey Sub** Thai Cucumber Salad Catalina Tomato Salad	**Chicken Salad Sub** Asparagus Couscous Lentil Salad	**Tuna Bruschetta** Marinated Vegetable Korean Kimchee	**Ham Baguette** Bait & Tackle Salad Pasta & Bean Salad	**Chicken Ciabatta** Greek Pasta Salad Broccoli Salad	Closed	**Assorted Deli Meats & Cheeses** Egg and Tuna Salad
Soup Bar	Wisconsin Cheese French Onion Chicken Dumpling Turkey Chili	Oriental Beef Noodle Potato Leek Soup Vegetarian Chili Chicken Rice	Chicken Noodle Soup Broccoli Cheddar Minestrone Soup Beef Chili	Chicken Noodle White Chili Crabby Swiss French Onion	Cheesy Potato Black Bean Soup Stuffed Pepper Soup Chicken Noodle Soup	Closed	(2) Soup du Jour
Flat top Grill Dinner	**Grilled Pierogies & Potato Pancakes** Onions, Sour Cream, Salsa & Applesauce	**Pancake Bar** **Regular, Choc Chip & Blueberry** Tator Tots &Toppings	**Beach Buffet** Steamship of Beef Jerk Chicken Seafood Farfalle In Tarragon Cream	**Fried Rice Bar** Chicken, Shrimp & Veggie Fortune Cookies	**Bean & Cheese Quesadillas** Tortilla Chips, Salsa & Sour Cream	Closed	**Hot Sausage Bratwurst** Peppers & Onions Curly Fries
Home Dinner	**Oven Baked Chicken** **Baked Fish** Steamed Rice Vegetable Medley Wax Beans	**Baked Ham** **Baked Rigatoni Besciamella** Sweet Potatoes Green Beans Cauliflower	Roasted Red Potatoes Island Rice Vegetable Medley Corn on Cob	**BBQ Chicken** **Beef Stew** Mashed Potatoes Gravy Green Beans Baby Carrots	**Baked Fish Filet** **Chicken Stuffing Casserole** Roasted Reds Mexican Corn Broccoli	Closed	**Traditional Lasagna** **Yankee Pot Roast** White Rice Vegetable du Jour Seasoned Peas
Mediterranean Dinner	**Rueben Pizza** Cheese Pizza Pepperoni Pizza Veggie Pizza	**Margarita Pizza** Cheese Pizza Pepperoni Pizza Veggie Pizza	Key Lime Pie Pineapple Upside Down Cake Cheesecake Squares	**Meatball Pizza** Cheese Pizza Pepperoni Pizza Veggie Pizza	**Pepperoni Rolls** Cheese Pizza Pepperoni Pizza Veggie Pizza	Closed	**Assorted Pizza & Pasta Bar**
Veggie Dinner	**Vegetarian Lasagna** White & Brown Rice Montreal Grilled Vegetables **Veggie Burgers**	**Vegetable Lo Mien** White & Brown Rice Tomato & Zucchini Sautee **Veggie Burgers**	Fish in the Sea	**Grilled Tabbouleh** White & Brown Rice Squash Medley **Veggie Burgers**	**Vegetable Stuffed Pita** White & Brown Rice Black Eyed Peas **Veggie Burgers**	Closed	**Grilled Vegetables** White & Brown Rice Spiced Carrots **Veggie Burgers**
Home 2 Dinner	**Hard Shell Taco** Beef, Beans and Rice	**Mac & Cheese Bar** Regular, Buffalo and Alfredo Asst Toppings	Mock Tails N/A Jello Shooters Vegetable Tray Fruit Tray	**Fajita Station**	**Ultimate Pasta Bar** Tossed Salad & Bread Sticks	Closed	Closed
Exhibition Dinner	**"Design Your Own" Pasta Dish** Marinara, Alfredo, Pomodoro Sauce	**""Design Your Own" Pasta Dish** Marinara, Alfredo, Meat Sauce		**"Design Your Own" Pasta Dish** Marinara, Alfredo, Olive Oil & Garlic	Closed	Closed	Closed
Char Grill Dinner	**Big Kahuna Burger** French Fries	**Grilled Kielbasa & Kraut**		**Hot Dog Bar** French Fries	Closed	Closed	Closed