

10-24p.

LSC Use Only No:	LSC Action-Date:	UWUCC USE Only No.	UWUCC Action-Date:	Senate Action Date:
		09-77p.	App-9/28/10	APP 11/2/10

Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee

Contact Person Theresa Gropelli	Email Address tgropell@iup.edu
Proposing Department/Unit Department of Nursing and Allied Health Professions	Phone 724-357-2557

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

1. Course Proposals (check all that apply)

New Course Course Prefix Change Course Deletion

Course Revision Course Number and/or Title Change Catalog Description Change

<u>Current</u> Course prefix, number and full title	<u>Proposed</u> course prefix, number and full title, if changing
	NURS 433 Psychiatric/Mental Health Clinical

2. Additional Course Designations: check if appropriate

This course is also proposed as a Liberal Studies Course. Other: (e.g., Women's Studies, Pan-African)

This course is also proposed as an Honors College Course.

3. Program Proposals

New Degree Program Program Title Change Other

New Minor Program New Track

Catalog Description Change Program Revision

<u>Current</u> program name	<u>Proposed</u> program name, if changing

4. Approvals		Date
Department Curriculum Committee Chair(s)	<i>Theresa Gropelli</i>	1/9/10
Department Chair(s)	<i>Elizabeth Palmer</i>	3/2/10
College Curriculum Committee Chair	<i>Robert Kishner</i>	4/5/10
College Dean	<i>Parleen Joshi</i>	4-7-10
Director of Liberal Studies *		
Director of Honors College *		
Provost *		
Additional signatures as appropriate: (include title)		
UWUCC Co-Chairs	<i>Gail Schuist</i>	9-28-10

* where applicable

Received Received Received
SEP 22 2010 SEP 13 2010 APR 07 2010
Liberal Studies Liberal Studies Liberal Studies

Syllabus of record

I. CATALOG DESCRIPTION

NURS 433 Psychiatric/Mental Health Clinical

**0 class hours
7.5 lab hours
2.5 credit hours
(0c-7.5l-2.5cr)**

PRE-REQUISITES: NURS 336, 337, 330, 331, 332, and 333, or permission

PRE OR

CO-REQUISITES: NURS 412, 432

Focuses on experiences within psychiatric-based facilities, and working as members of a multidisciplinary team to provide primary, secondary and tertiary prevention/intervention. Emphases are also on nursing management and development of nursing strategies to assist at-risk families and client groups, while considering health care on a continuum throughout the life span.

II. COURSE OUTCOMES

At the conclusion of this course the student will be able to:

1. Determine how personal beliefs and values may affect the therapeutic relationship.
2. Collaborate with other health care professionals to participate in a multidisciplinary approach to client care.
3. Apply the principles of communication theory in interventions with clients and groups.
4. Utilize the nursing process to provide mental health promotion, risk reduction and prevention for individuals, families and groups in the psychiatric setting.
5. Identify researchable clinical problems applicable to psychiatric nursing.
6. Demonstrate behaviors consistent with professional nursing standards.
7. Explore mental health concepts across the life span.

III. COURSE OUTLINE

Psychiatric/Mental Health Nursing	105 hours
<i>Week 1</i> Orientation	(15 hrs)
<i>Weeks 2-4</i> A. Provide care in a variety of psychiatric/mental health settings	(45 hrs)
B. Perform simulations on therapeutic communication	
<i>Weeks 5-7</i> A. Organize, manage, and evaluate strategies to meet the needs of psychiatric patients	(45 hrs)
B. Collaborate with multidisciplinary health team in providing care in the psychiatric setting	
C. Clinical competency evaluation	
Exam	

IV. EVALUATION METHODS*

Grading and Progression

The grade for this course will be calculated based on:

1. The pass/fail grade in clinical performance, including:

- a. Written assignments including some activities under clinical competencies ie: care plans
- b. Clinical competencies
- c. Appropriate professional behavior
- d. Clinical evaluation with a score of 4 or better for all behaviors
- e. Successful completion of standardized testing

2. 30% Exam 1 (multiple choice evaluating nursing process)

3. 70% Exam 2 (multiple choice evaluating psychiatric mental health nursing practice)

V. GRADING SCALE:

- | | |
|---|--|
| A | 90-100% +Pass in clinical performance |
| B | 80-89% + Pass in clinical performance |
| C | 70-79% + Pass in clinical performance |
| D | 60-69% + Pass in clinical performance |
| F | Less than 60% or F in clinical performance |

*To progress in the Nursing Program, the student must achieve at least a 70% average grade on the exams and satisfactorily complete all assignments.

VI. ATTENDANCE POLICY:

Although there is no formal attendance policy for this class, student learning is enhanced by regular attendance and participation in class discussions.

VII. REQUIRED TEXTBOOKS:

Stuart, G. W. & Laraia, M. T. (2005). *Principles and practice of psychiatric nursing* (8th ed) St. Louis, MO: Elsevier Mosby

VIII. SPECIAL RESOURCE REQUIREMENTS:

A. All nursing students are responsible for and required to have the following:*

1. Current CPR certification
2. Professional liability insurance
3. Health requirements
4. Student uniforms and physical assessment equipment
5. Clearance papers as per departmental policy
(Examples: Criminal Record Check and Child Abuse; Act 34 and 151 Clearance forms, FBI check, etc.)
6. Clinical agencies requirements

*Please refer to the Department of Nursing and Allied Health Professions Student Information Handbook for details. Students will not be permitted to attend clinical without meeting these requirements.

IX. BIBLIOGRAPHY:

Anthony, K. H., (2008). Helping partnerships that facilitate recovery from severe mental

- illness. *Journal of Psychosocial Nursing and Mental Health Services*, 46 (7), 25-33.
- Arnault, D. S., & Kim, O. (2008). Is there an Asian idiom of distress? Somatic symptoms in female Japanese and Korean students. *Archives of Psychiatric Nursing*, 22 (91), 27-38.
- Artinian, N.T. (2003). The psychosocial aspects of heart failure. *American Journal of Nursing*, 103 (12),32-40.
- Bailey, K. P. (2004). Pharmacological treatment for substance abuse disorders. *Journal of Psychosocial Nursing and Mental Health Services*, 42 (8),14-19.
- Cangelosi, P.R. (2007). Geropsychiatric nursing: An underrecognized speciality. *Journal of Psychosocial Nursing and Mental Health Services*, 45 (9), 21- 28.
- Chiverton, P., Lindley, P., Tortoretti, D. M., & Plum, K.C. (2007). Well-balanced: 8 steps to wellness for adults with mental illness and diabetes. *Journal of Psychosocial Nursing and Mental Health Services*, 45 (11), 46-56.
- Davis, L.W., Strasburger, M.A.. & Brown, L.F. (2007) .Mindfulness: An intervention for anxiety in schizophrenia. *Journal of Psychosocial Nursing and Mental Health Services*, 45 (11), 22-29.
- Hahe, D.C., Hamern, E., & Rempfer, M. (2007). Self-report of cognitive functioning and learning in schizophrenia. *Journal of American Psychiatric Nurses Association*, 13 (2), 93-100.
- Hamrin,V., & Pachler, M.C. (2004). Depression in children and adolescents: The latest evidence-based psychopharmacological treatments. *Journal of Psychosocial Nursing and Mental Health Services*, 42 (4), 10-15.
- Hamson, S. (2004). The passive/active divide: What the village is teaching our children about gender. *Seicus Report*, 32 (3), 14-16.
- Hutchinson, M.K. ,& Wood, E.B. (2007). Reconceptualizing adolescent sexual risk in a parent-based expansion of the theory of planned behavior. *Journal of Nursing Scholarship*, 39

(2), 141-146.

Kaas, M.J. & Beattie, E. (2006). Geropsychiatric nursing practice in the United States: Present trends and future directions. *Journal of the American Psychiatric Nurses Association*, 12 (3), 142-155.

Mayer, K.H., Bradford, J.B., Makadon, H.J., Stall, R., Goldhammer, H., & Landers, S. (2008). Sexual and gender minority health: What we know and what needs to be done. *American Journal of Public Health*, 98 (6), 989-995.

McGuinness, T.M. (2006). Update on conduct disorder. *Journal of Psychosocial Nursing and Mental Health Nursing*, 44 (12), 21-24.

McGuinness, T.M. & Hardeman, S.M. (2007). Update on autistic spectrum disorders. *Journal of Psychosocial Nursing and Mental Health Nursing*, 45 (4), 27-31.

Park, S. & Bernstein, K. S. (2008). Depression and Korean American immigrants. *Archives of Psychiatric Nursing*, 22 (1), 12-19.

Rice, M. (2008). Evidenced-based practice in psychiatric care: Defining levels of evidence. *Journal of the American Psychiatric Nurses Association*, 14 (3), 181-187.

Smith, A.T. & Wolfe, B.E. (2008). Amenorrhea as a diagnostic criterion for anorexia nervosa: A review of the evidence and implications for practice. *Journal of the American Psychiatric Nurses Association*, 14 (3), 209-215.

Talerico, K.A. (2005). Depression in later life. *Journal of Psychosocial Nursing and Mental Health Services*, 43 (1), 16-19.

Warren, B. J. (2007). Cultural aspects of bipolar disorder: Interpersonal meaning for clients and psychiatric nurses. *Journal of Psychosocial Nursing and Mental Health Services*, 45 (7), 32-37.

Waszynski, C.M. (2007). Detecting delirium. *American Journal of Nursing*, 107 (12), 50-59.

Weber, M., Colon, M., & Nelson, M. (2008). Pilot study of a cognitive-behavioral group

intervention to prevent weight gain in Hispanic individuals with schizophrenia. *Journal of the American Psychiatric Nurses Association*, 13 (6), 353-359.

Williams, K., Kemper, S., & Hummert, M.L. (2005). Enhancing communication with older adults: Overcoming elderspeak. *Journal of Psychosocial Nursing and Mental Health Nursing*, 43 (4), 12-16.

Willang, I. & Hanna, K.M. (2005). Nurse counseling of patients with an over-consumption of alcohol. *Journal of Nursing Scholarship*, 37 (1), 30-35.

**COURSE ANALYSIS QUESTIONNAIRE
NURS 433 Psychiatric/Mental Health Clinical**

Section A: Details of the Course

- A1 This course will fit into the senior year of the Bachelor of Science degree in the Nursing program. It is a required course for students in the major.
- A2 This course is part of the curriculum revision in the Nursing program.
- A3 This course has never been offered at IUP.
- A4 This course is not intended to be offered as a dual-level course.
- A5 This course is not intended to be taken for variable credit.
- A6 This material on psychiatric and community health nursing would be included in other baccalaureate nursing programs.
- A7 The content in this course is necessary to practice nursing in a psychiatric or community health setting (Commission on Collegiate Nursing Education, State Board of Nursing Professional and Vocational Standards.) The information taught in this course is consistent with the test plan for the licensing exam for nursing (NCLEX-RN.)

Section B: Interdisciplinary Implications

- B1 This course will be taught by a team of faculty members within the Nursing Department.
- B2 This course does not overlap with any other courses at the University.
- B3 No seats in the course will be reserved for students in Continuing Education.

Section C: Implementation

- C1 No new faculty are needed to teach this course.
- C2 Other Resources
 - a. Current space allocations are adequate to offer this course
 - b. Library holdings are adequate (See NURS 432 and NURS 434)
- w. This clinical course will be held at affiliating agencies.
- C3 No grant funds are associated with this course
- C4 This course will be offered in both the Fall and Spring semesters.
- C5 Four sections of the course will be offered at a time.
- C6 Forty students will be accommodated in this course (10/section.)
- C7 Size of clinical group is based on the nature of the clinical experiences, the limitations established by the affiliating agencies, and guidance by the Pennsylvania State Board of Nursing.