S.T.A.H.L. NEWS

STUDENTS TALKING ABOUT HEALTHY LIFESTYLES...WORDS OF WHIZ-DOM

Brought to you by Health AWAREness, Center for Health and Well-Being September, 2012

Get the Green Light!

The Green Light Campaign spreads awareness about the vital role *CONSENT* plays in relationships. Violence, especially sexual violence, destroys a person's trust and feeling of safety. It is important to recognize and understand what sexual violence is.

Sexual Assault:

Unwanted sexual contact which stops short of rape (penetration), including sexual touching and fondling.

Rape:

Any act of sexual penetration (vaginal, oral, or anal) carried out through force, threat of force, coercion, manipulation or when the victim is unable/unwilling to give consent.

Get CONSENT before engaging in any sexual activity!

Adapted from PCAR.ORG

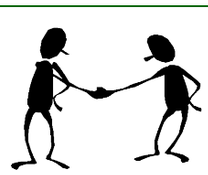
ROCK YOUR BUTTON

Empower yourself – stay informed and connected!

The GREEN button represents IUP's commitment to making campus safer for all of us. It is a reminder that violence SHOULD NOT be a part of our campus life. It is a way to display our dedication to making IUP safe for everyone! The green button represents the importance of asking for consent for any form of sexual activity.

Consent?

Pronunciation: \kən- ˈsent\
1: to give **approval**
(Thank you, Merriam-Webster.)



Why is it important?

Everyone deserves respect and to have their wishes honored.

What can you do? Ask your partner for permission before any sexual act.

Safety
University Police 724-357-2141
Police 9-1-1

Medical Care
Indiana Regional Medical Center 724-357-7121

Advocacy/24 hour hotline
The Haven Project at Alice Paul House 724-349-4444

The Counseling Center
The Haven Project at The Counseling Center 724-357-2621

Education
The Haven Project 724-357-4799

Consent Checklist

- **Both partners** are sober, aware, conscious, and coherent enough to make a decision they will not regret. Being under the influence of alcohol and other drugs can render consent impossible.
- Both partners explicitly communicate their desires and limitations. Assumptions are not made until the partner gives verbal permission. **Remember, consent is not the absence of "no"! IT IS THE PRESENCE OF A VERBAL "YES"!**

- ***AT EVERY STAGE!*** You must get consent to engage in ANY level of sexual activity with another person, this includes but is not limited too Kissing (even on the face or hand) and hugging.
- **You have the right to say "no" at anytime.**
- Each experience is a new time and must have renewed consent.
- Both partners respect each other's boundaries and are attentive to any cues that may suggest discomfort.
- There is no pressure being placed on either partner and coercion or ultimatums are not being used.
- Both partners should be enjoying the experience of being sexual together, not just the initiator.

Look for our table in the Oak Grove from 11:00 am-2:00 pm September 4th, 5th, & 6th!
(Rain location: Stapleton Library)

Tell us what your green button means and win a Got Consent? t-shirt!

A S K !

Written by: Morgan Chase

Sources: RAINN.org, Merriam-Webster dictionary.

IUP HAVEN PROJECT
Supporting Survivors Stopping Violence