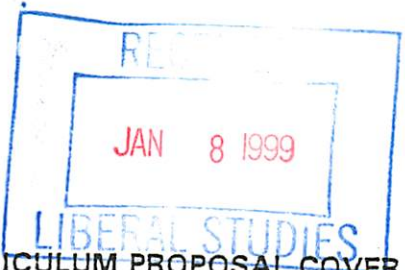


LSC Use Only
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Submission Date: _____
Action-Date: _____



UWUCC USE Only
Number: _____
Submission Date: 98-42c
Action-Date: _____

CURRICULUM PROPOSAL COVER SHEET
University-Wide Undergraduate Curriculum Committee

I. CONTACT

Contact Person Ron Trenney, Jose Rivera Phone X6918, X5507
Department Health and Physical Education

II. PROPOSAL TYPE (Check All Appropriate Lines)

COURSE A T Practicum I
Suggested 20 character title
376
 New Course * HP ~~312~~, Athletic Training Practicum I
Course Number and Full Title
 Course Revision _____
Course Number and Full Title
 Liberal Studies Approval + _____
for new or existing course Course Number and Full Title
 Course Deletion _____
Course Number and Full Title
 Number and/or Title Change _____
Old Number and/or Full Old Title
_____ New Number and/or Full New Title

Course or Catalog Description Change _____
Course Number and Full Title
 PROGRAM: Major Minor Track
 New Program * _____
Program Name
 Program Revision * _____
Program Name
 Program Deletion * _____
Program Name
 Title Change _____
Old Program Name
_____ New Program Name

III. Approvals (signatures and date)

Madelin P. [Signature] 11-12-98
Department Curriculum Committee
Mary E. [Signature] 12/17/98
College Curriculum Committee

[Signature]
Department Chair
[Signature]
College Dean
[Signature]
Provost (where applicable)

+ Director of Liberal Studies (where applicable)

Catalog Description

HP 376 Athletic Training Clinical Practicum I

0c-2l-1sh

Prerequisites: HP 345, 346, 251

This course provides the opportunity to develop and demonstrate proficient psychomotor skills within the domains of athletic injury prevention and acute care, in coordination with a one-semester clinical field experience. This clinical field experience will allow each student an opportunity to practice and apply skills taught within this course under the direction of a clinical instructor within the IUP Athletic Department or an affiliated clinical site. Specific skills emphasized include but are not limited to those relating to safety/risk management, conditioning, equipment fitting, taping and wrapping, acute care, and transportation/transfer of the injured athlete. Restricted to students seeking certification by the National Athletic Trainers Association.

Syllabus of Record

1 credit
0 lecture hours
2 lab hours

I. Catalog Description

HP 376 Athletic Training Clinical Practicum I

0c-2l-1sh

Prerequisites: HP 345, 346, 251

This course provides the opportunity to develop and demonstrate proficient psychomotor skills within the domains of athletic injury prevention and acute care, in coordination with a one-semester clinical field experience. This clinical field experience will allow each student an opportunity to practice and apply skills taught within this course under the direction of a clinical instructor within the IUP Athletic Department or an affiliated clinical site. Specific skills emphasized include but are not limited to those relating to safety/risk management, conditioning, equipment fitting, taping and wrapping, acute care, and transportation/transfer of the injured athlete. Restricted to students seeking certification by the National Athletic Trainers Association.

Students are required to show evidence of student liability insurance and Act 34 and 151 criminal record clearances prior to enrollment in this course.

II. Course Objectives

Upon completion of this course the student will be able to:

1. demonstrate proper assessment techniques for determining one's height, weight, blood pressure, pulse, vision, limb girth and length, and body composition.
2. describe and perform the technique used for exercise with contemporary isotonic, isometric and isokinetic devices.
3. measure and evaluate data regarding hazardous environmental conditions in an athletic environment.
4. describe and demonstrate the selection and fitting of standard and customized protective equipment and devices.
5. select and apply the proper preventative and protective taping, wrapping, splinting, bracing and other devices/materials.
6. properly apply emergency immobilization, ambulation, and transportation and transfer equipment and devices.

III. Course Outline

A. Anthropometric Measurements

4 hours

1. height
2. weight
3. blood pressure
4. pulse
5. vision,
6. limb girth and length
7. body composition

- B. **Strength and Reconditioning Resistive Equipment** 4 hours
 - 1. isotonic
 - 2. isometric
 - 3. isokinetic

- C. **Data Collection regarding hazardous environmental conditions.** 4 hours

- D. **Selection and Fitting Standard and Customized Protective Equipment** 4 hours
 - 1. specific sport equipment
 - 2. customized commercial equipment
 - 3. fabrication of protective pads, straps, etc.

- E. **Application of Preventative and Protective Supportive Devices** 4 hours
 - 1. taping
 - 2. wrapping,
 - 3. splinting
 - 4. conventional bracing

- F. **Initial Emergency Management** 4 hours
 - 1. immobilization
 - 2. ambulation
 - 3. transportation and transfer

- G. **Examinations** 4 hours

IV. Evaluation Methods

Oral/Practical Exams 100% of total grade

Four oral/practical examinations will be incorporated throughout the entirety of this course. competency sheets, detailed evaluation forms and/or field performance evaluations will be implemented to assure successful completion and expertise in each of the covered topics.

Grading Scale

- 90 -100%.....A
- 80 - 89%.....B
- 70 - 79%.....C
- 60 - 69%.....D
- 59 and below.....F

V. Required Text

1. Arnheim, D., D. (1995). Essentials of Athletic Training. (3rd ed.). St. Louis, MO: Mosby.

VI. Special Resource Requirements

Students are required to show evidence of student liability insurance and Act 34 and 151 criminal record clearances prior to enrollment in this course.

VII. Bibliography

Anderson, M. K., Hall, S. J. (1995). Sports Injury Management. Baltimore, MD: Williams and Wilkins.

Fu, F., Stone, D. (1994). Sports Injuries: Mechanism, Prevention and Treatment. (2nd ed.). Baltimore, MD. Williams and Wilkins.

Gallaspy, J., May, D. (1995). Signs and Symptoms of Athletic Injuries. (1st ed.). St. Louis, MO: Mosby.

Mangus, B. C., Pfeiffer, R. P. (1998). Concepts of Athletic Training. (2nd ed.). Sudbury, MA: Jones and Bartlett.

Meuller, F. , Ryan, A. (1991). Prevention of Athletic Injuries: The Role of the Sports Medicine Team. (1st ed.). Philadelphia, PA: F. A. Davis.

Perrin, D. H. (1995). Athletic Taping and Bracing. (1st ed.). Champaign, IL: Human Kinetics

COURSE ANALYSIS QUESTIONNAIRE

Section A: Details of the Course

- A1. This course will serve as a required course for students enrolled in the Athletic Training Educational Track Program offered by the Department of Health and Physical Education.
- A2. This course necessitates no change in existing course content presently being taught in the Department of Health and Physical Education..
- A3. This course has not been offered to date.
- A4. It is not intended to be dual level course.
- A5. It will not be taken for variable credit.
- A6. Similar courses are offered at most universities offering a Health and Physical Education or Athletic Training education program, (examples being, the University of Pittsburgh, HPRED 1224, and California University of Pennsylvania, ATE 100).
- A7. This course is necessary in order to meet National Athletic Trainers Association (NATA) Education Council guidelines for clinical education of athletic training students, as well as provide documentation of student competency related to psychomotor skills required for accreditation by the Committee for Accreditation of Allied Health Education Programs (CAAHEP).

Section B: Interdisciplinary

- B1. Course will be taught by member of the Health and Physical Education faculty holding National Athletic Trainers Association, Board of Certification Credentials.
- B2. There is no relationship between the content of this course and the content of courses offered by other departments.
- B3. No

Section C. Implementation

- C1. Yes, this course will be taught by existing department faculty.
- C2. All resources necessary to teach this course are currently available through the IUP Sport

Medicine and Health and Physical Education Departments, ie. anatomical models, taping supplies....

- C3. This course will not be funded by a grant.**
- C4. This course will be taught once each academic year.**
- C5. One section will be each academic year.**
- C6. Due to the interactive nature of this course it is recommended that enrollment not exceed 15 students.**
- C7. No limitations imposed by professional society.**