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CURRICULUM PROPOSAL COVER SHEET
University-Wide Undergraduate Curriculum Committee

I. CONTACT

Contact Person Marie Twal Phone 7-3259

Department Nursing and Allied Health Professions

II. PROPOSAL TYPE (Check All Appropriate Lines)

COURSE Psych/MH Nsg.
Suggested 10 character title

New Course* NURS 432 Psychiatric/Mental Health Nursing
Course Number and Full Title

Course Revision _____
Course Number and Full Title

Liberal Studies Approval - _____
for new or existing course
Course Number and Full Title

Course Deletion _____
Course Number and Full Title

Number and/or Title Change _____
Old Number and/or Full Old Title

Course or Catalog Description Change _____
Course Number and Full Title

PROGRAM: Major Minor Track

New Program* _____
Program Name

Program Revision* _____
Program Name

Program Deletion* _____
Program Name

Title Change _____
Old Program Name

III. Approvals (signatures and date)

Marie E Twal 2-25-00
Department Curriculum Committee

Robert Kuzmin 2-25-00
Department Chair

Mary E. Seneke 7/14/00
College Curriculum Committee

Charles P. Zoni 15 July 00
College Dean

+Director of Liberal Studies (where applicable)

*Provost (where applicable)

NURS 432 Psychiatric/Mental Health

2c-01-2sh

Prerequisites: NURS 336, 337, 338, 339

Corequisites: NURS 435

Prerequisite or corequisite: NURS 412

This course focuses on the principles and concepts that guide nursing practice in a variety of psychiatric/mental health settings. The role of the nurse in primary, secondary, and tertiary prevention/intervention is addressed as it relates to individuals, families, and aggregates.

I. Course Description

NURS 432 Psychiatric/Mental Health

**2 lecture hours
0 lab hours
2 semester hours
(2c-01-2sh)**

Prerequisites: NURS 336, 337, 338, 339

Corequisites: NURS 435

Pre or corequisite: NURS 412

This course focuses on the principles and concepts that guide nursing practice in a variety of psychiatric/mental health settings. The role of the nurse in primary, secondary, and tertiary prevention/intervention is addressed as it relates to individuals, families, and aggregates.

II. Course Objectives

At the conclusion of the course the student will be able to:

1. Describe the roles and functions of the psychiatric nurse generalist and advanced practice psychiatric nurse
2. Relate the principles of therapeutic communication to nurse/client interaction in various psychiatric settings
3. Examine appropriate theoretical framework for specific psychiatric disorders
4. Utilize critical thinking to apply the nursing process in caring for clients with psychiatric problems
5. Examine personal attitudes, values, and beliefs about clients with psychiatric problems
6. Explain the family's role in the health of clients with psychiatric problems
7. Discuss the impact of societal values and economics on the mental health care delivery system
8. Utilize the nursing process to plan nursing care for the psychiatric client in the community
9. Discuss primary, secondary and tertiary prevention/intervention for individuals, families and groups in the hospital and the community

III. Course Outline

Weeks 1-2	A. Introduction to Psychiatric Nursing	1 hr.
	1. Roles of the psychiatric nurse	
	2. Mental health promotion	
	3. Legal issues: psychiatric nursing and the law	
	B. Therapeutic Communication in the Psychiatric Setting	2 hrs.
	1. Principles of therapeutic communication in the psychiatric setting	
	2. Therapeutic communication skills in the psychiatric setting	
	3. Barriers to therapeutic communication in the psychiatric setting	
	C. Etiology of Mental Illness	1 hr.
	1. Psychological theories	
	2. Biological theories (Psychobiology)	
Week 3	D. Psychiatric Nursing and Nursing Process	2 hrs.
	1. Conceptual models of treatment	
	2. Overview of psychiatric nursing interventions	

	<ul style="list-style-type: none"> a. Health promotion/Health teaching b. Crisis intervention c. Case management d. Group therapy e. Family therapy f. Cognitive behavioral therapy 	
	3. Psychopharmacology	
Week 4	E. Anxiety and Anxiety Disorders <ul style="list-style-type: none"> 1. Generalized anxiety disorders 2. Panic disorder with and without agoraphobia 3. Phobias 4. Obsessive compulsive disorder 5. Post traumatic stress disorder 6. Nursing care 	2 hrs.
Week 5	F. Personality Disorders <ul style="list-style-type: none"> 1. Clusters A, B, C 2. Nursing care 	2 hrs.
Week 6	G. Mood Disorders <ul style="list-style-type: none"> 1. Major depression 2. Bipolar disorder 3. Nursing care 	2 hrs.
Week 7	H. Suicide and Aggressive Behavior <ul style="list-style-type: none"> 1. Nursing care 	2 hrs.
Weeks 8-9	Mid-term Exam	1 hr.
	I. Schizophrenia and Other Psychotic Disorders <ul style="list-style-type: none"> 1. Subtypes 2. Nursing care 	2 hrs.
	J. Delusional Disorders <ul style="list-style-type: none"> 1. Subtypes Nursing care 	.5 hr.
	K. Mental Illness Due to a General Medical Condition <ul style="list-style-type: none"> 1. Psychological responses to physical illness <ul style="list-style-type: none"> a. Cardiovascular b. Neurological c. Chronic pain d. Dual diagnosis 	.5 hr.
Weeks 10-11	L. Somatoform Disorders/Dissociative Disorders <ul style="list-style-type: none"> 1. Subtypes 2. Nursing care 	.5 hr.
	M. Eating Disorders <ul style="list-style-type: none"> 1. Anorexia 2. Bulimia 3. Compulsive overeating 	2 hrs.
	N. Sexual and Gender Disorders <ul style="list-style-type: none"> 1. Disorders of sexual functioning 2. Sexual identity issues 3. Gender identity issues 4. Paraphilias 5. Nursing care 	1.5 hrs.

Week 12	O. Substance Abuse Disorders 1. Nursing care	2 hrs.
Week 13	P. Disorders of Childhood 1. Depression 2. Autistic disorder 3. Adjustment disorder 4. Disorders of conduct 5. Attention deficit disorder	2 hrs.
Week 14	Q. Delirium/Dementia 1. Subtypes 2. Nursing care	2 hrs.
Finals Week	Final Exam	

IV. Evaluation Methods*

- 40% Mid-term exam (multiple choice)
- 40% Final exam (multiple choice)
- 20% Periodic in class unannounced quizzes on required reading assignments

Grading scale:

- A 90-100%
- B 80-89%
- C 70-79%
- D 60-69%
- F Less than 60%

***To progress in the Nursing Program, the student must achieve at least a 70% average grade on the exams AND at least a 70% average grade on all other assignments.**

V. Required Texts:

Townsend, M.C. (2000). Psychiatric mental health nursing: Concepts of care (3rd ed.). Philadelphia: F.A. Davis.

VI. Special Resource Requirements

None

VII. Bibliography

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Finfgeld, D.L. (1999). Use of brief interventions to treat individuals with drinking problems. Journal of Psychosocial Nursing and Mental Health Services, 37(4), 23-30.

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COURSE ANALYSIS QUESTIONNAIRE
NURS 432 Psychiatric/Mental Health

Section A: Details of the Course

- A1 This course will fit into the senior year of the Bachelor of Science degree in the Nursing program. It is a required course for students in the major.
- A2 This course is part of the curriculum revision in the Nursing program.
- A3 This course has never been offered at IUP.
- A4 This course is not intended to be offered as a dual-level course.
- A5 This course is not intended to be taken for variable credit.
- A6 This material on psychiatric/mental health nursing would be included in other baccalaureate nursing programs.
- A7 The content in this course is necessary to practice nursing in a mental health setting (Commission on Collegiate Nursing Education, State Board of Nursing Professional and Vocational Standards.) The information taught in this course is consistent with the test plan for the licensing exam for nursing (NCLEX-RN.)

Section B: Interdisciplinary Implications

- B1 This course will be taught by one faculty member at a time within the Nursing Department.
- B2 This course does not overlap with any other courses at the University.
- B3 No seats in the course will be reserved for students in Continuing Education.

Section C: Implementation

- C1 No new faculty are needed to teach this course.
- C2 Other Resources
 - a. Current space allocations are adequate to offer this course
 - b. Currently Stapleton Library subscribes to a number of specialty nursing journals that would be helpful for students in this course. These journals include: Journal of Geriatric Nursing, Journal of Psychosocial Nursing and Mental Health, and Psychosomatics. In addition, the Department of Nursing and Allied Health Professions receives subscriptions to other journals which might be useful to students in this course. These journals include: Research in Nursing and Health, Journal of Professional Nursing, and Journal of Nursing Scholarship. Stapleton Library has a holding of references related to psychiatric/mental health nursing, and the department currently has a mechanism in place for identifying and recommending future purchases for the library holdings.
- C3 No grant funds are associated with this course
- C4 This course will be offered in both the Fall and Spring semesters.

- C5 One section of the course will be offered at a time.
- C6 Forty students will be accommodated in this course.
- C7 No professional society limits enrollment in a course of this nature.