

LSC Use Only No:	LSC Action-Date:	UWUCC USE Only No.	UWUCC Action-Date:	Senate Action Date:
		09-376	AP-12/8/09	App 1/26/10

**Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee**

Contact Person Susan Dahlheimer	Email Address ssdahl@iup.edu
Proposing Department/Unit Food & Nutrition	Phone 7-4440

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

**1. Course Proposals (check all that apply)**

New Course                       Course Prefix Change                       Course Deletion  
 Course Revision                       Course Number and/or Title Change                       Catalog Description Change

<u>Current</u> Course prefix, number and full title	<u>Proposed</u> course prefix, number and full title, if changing
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**2. Additional Course Designations: check if appropriate**

This course is also proposed as a Liberal Studies Course.                       Other: (e.g., Women's Studies, Pan-African)  
 This course is also proposed as an Honors College Course.

**3. Program Proposals**

New Degree Program                       Program Title Change                       Other – revision of minor  
 New Minor Program                       New Track                       Catalog Description Change                       Program Revision

Minor in Nutrition	Minor in Food and Nutrition
<u>Current</u> program name	<u>Proposed</u> program name, if changing

4. Approvals		Date
Department Curriculum Committee Chair(s)	<i>[Signature]</i>	3/19/09
Department Chair(s)	<i>[Signature]</i>	3-19-09
College Curriculum Committee Chair	<i>[Signature]</i>	10-30-09
College Dean	<i>[Signature]</i>	11-2-09
Director of Liberal Studies *		
Director of Honors College *		
Provost *	<i>[Signature]</i>	11/20/09
Additional signatures as appropriate: (include title)		
UWUCC Co-Chairs	<i>[Signature]</i>	12-8-09

\* where applicable

Received  
 NOV 03 2009  
 Liberal Studies

## II. Description of Curriculum Change

### 1. Catalog Description

#### Proposed Revision:

This minor in Food and Nutrition is recommended for students majoring in related disciplines, such as nursing and allied health, pre-medical, pre-pharmacy, food service management, health and physical education, child development, and family and consumer sciences, and for students who have a personal, consumer oriented interest in nutrition. Science prerequisites for the minor are CHEM 101/102 or BIOL 103/104.

The completion of this minor neither meets the requirements for practice as a credentialed nutritionist nor satisfies the academic requirements of the Commission on Registration for The American Dietetic Association as a registered dietitian.

#### Required courses: 16-17

FDNT 151	Foods Laboratory	1
FDNT 212	Nutrition	3
FDNT 213	Life Cycle Nutrition	<u>3</u>
		7

#### Controlled electives:

Choose a minimum of one of the following:

FDNT 150	Foods Lecture	3
FDNT 470	Human Food Consumption Patterns	<u>3</u>
		3-6

#### Choose one or more of the following, to be approved by the department chair:

FDNT 245	Sports Nutrition	3
FDNT 355	Nutrition in Disease I	3
FDNT 362	Experimental Foods	3
FDNT 402	Community Nutrition	3
FDNT 455	Nutrition in Disease II	3
FDNT 458	Advanced Human Nutrition	<u>4</u>
		3-7

## 2. Summary of Changes

### Current vs. Proposed Minor in Food and Nutrition

<b>Current Minor in Nutrition</b>	<b>15 s.h.</b>	<b>Proposed Minor in Food and Nutrition</b>	<b>16-17 s.h.</b>
FDNT 212 Nutrition	3 s.h.	<b>Required courses:</b>	
FDNT 213 Life Cycle Nutrition	3 s.h.	7 s.h.	
FDNT 245 Sports Nutrition	3 s.h.	FDNT 151 Foods Laboratory	1 s.h.
FDNT 355 Nutrition in Disease I	3 s.h.	FDNT 212 Nutrition	3 s.h.
FDNT 470 Human Food Consumption Patterns	3 s.h.	FDNT 213 Life Cycle Nutrition	3 s.h.
OR			
FDNT 402 Community Nutrition (1)			
		<b>Controlled electives:</b>	<b>3-6 s.h.</b>
		Choose at least one of the following:	
		FDNT 150 Foods Lecture	3 s.h.
		FDNT 470 Human Food Consumption Patterns	3 s.h.
		<b>Choose two of the following to be approved by the department chair:</b>	<b>3-7 s.h.</b>
		FDNT 245 Sports Nutrition	3 s.h.
		FDNT 355 Nutrition in Disease I	3 s.h.
		FDNT 362 Experimental Foods	3 s.h.
		FDNT 402 Community Nutrition	3 s.h.
		FDNT 455 Nutrition in Disease II	3 s.h.
		FDNT 458 Advanced Human Nutrition	4 s.h.
(1) Students not interested in FDNT 245 may select both FDNT 402 and 470 in place of FDNT 245.			

## 3. Rationale for Change

The existing minor in Nutrition was designed primarily for students major in health-related fields, with the expectation that those students had adequate preparation in sciences to complete upper level nutrition courses and an interest in nutrition predominantly from a health care perspective. However, in recent years, many students who seek the minor are not majoring in health related fields, and their interest in nutrition is often more personal. The existing minor does not meet the needs of some students for the following reasons:

1. While the minor requires some fairly minimal prerequisite preparation in chemistry or biology, these requirements do not adequately prepare students for course work in upper level nutrition courses (e.g. FDNT 355), so that those students whose majors do not require additional science courses are not adequately prepared for some courses currently required by the minor.
2. An adequate understanding of nutrition requires some basic understanding of food chemistry and food preparation. Many of today's students lack the food preparation experience common among previous generations of students, and would benefit from some course work relating to food.
3. The current minor does not include courses that some students might choose, based upon personal or career interests (e.g. FDNT 150 and FDNT 362).

The proposed revision of the minor addresses these issues by: (1) requiring a one-credit food preparation course as well as one additional three-credit foods course to enhance understanding of the role of food in meeting nutritional needs and; (2) increasing the choices for the minor to allow

flexibility for students from a variety of majors. In addition to better meeting the needs of students electing the minor, this revision will reduce the demand for some major courses and thereby better utilize the distribution of departmental resources.

### **III. Implementation.**

1. Students who have already declared the minor will have the option of completing the current requirements or switching to the new requirements.
2. Faculty resources are adequate. Class size permits the accommodation of the small number of students who enroll for the minor (generally no more than 5 per section).
3. Other resources are adequate.
4. It is anticipated that enrollment for the minor will increase slightly. Department resources are adequate to accommodate this increase.

### **IV. Periodic Assessment**

Not applicable

### **V. Course Proposals**

Not applicable

### **VI. Letters of Support or Acknowledgement**

A copy of the minor proposal has been sent to chairs of departments which have several students enrolled in the minor: Health and Physical Education, Human Development and Environmental Studies, and Nursing and Allied Health. Two responses (attached) have been received.

Sent 10/15/08

**From:** Susan Dahlheimer

**To:** Elaine Blair ; Elizabeth A Palmer ; Sally M McCombie

**Sent:** Wednesday, October 15, 2008 3:49 PM

**Subject:** FDNT minor

Attached is FDNT's proposal for a revision to our minor. I am forwarding it to you because several students from your department have elected the minor. These revisions increase flexibility and better accommodate students who have not completed all the science requirements needed for the previous minor sequence. If you have concerns, please let me know. (Note: although I haven't located my original e-mail, this proposal was sent previously, so it's likely that someone in your department has already reviewed it.)

Susan S. Dahlheimer, PhD, RD, LDN, FADA  
Professor & Chair  
Department of Food & Nutrition  
101 Ackerman Hall  
IUP

**Susan Dahlheimer**

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**From:** "Lisa Palmer" <lpalmer@iup.edu>  
**To:** "Susan Dahlheimer" <ssdahl@iup.edu>  
**Sent:** Wednesday, October 15, 2008 5:05 PM  
**Subject:** Re: FDNT minor

Susan

This looks good to me...thanks.

Dr. Lisa Palmer, Chairperson  
Dept. of Nursing and Allied Health Professions  
210 Johnson Hall  
1010 Oakland Ave.  
Indiana University of PA  
Indiana, PA 15705

----- Original Message -----

**From:** Susan Dahlheimer  
**To:** Elaine Blair ; Elizabeth A Palmer ; Sally M McCombie  
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Susan S. Dahlheimer, PhD, RD, LDN, FADA

Professor & Chair

Department of Food & Nutrition

101 Ackerman Hall

IUP

phone: 724 357-4440

fax: 724 357-3007

fall 08 hours: T 12:30-2:30, W 1:00-3:00, R 10:00-11:00

**Susan Dahlheimer**

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**From:** "Sally M McCombie" <smccomb@iup.edu>  
**To:** "Susan Dahlheimer" <ssdahl@iup.edu>  
**Sent:** Thursday, October 16, 2008 3:07 PM  
**Subject:** Re: FDNT minor

Sue-This looks good to me. I have no concerns.

Sally

Sally M. McCombie, Ph.D., Certified Family Life Educator  
Indiana University of PA  
Human Development & Environmental Studies  
207 Ackerman Hall  
Indiana, PA 15705  
(724)357-2336

On Wed, 15 Oct 2008 15:49:31 -0400

"Susan Dahlheimer" <ssdahl@iup.edu> wrote:

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