

S.T.A.H.L. NEWS

STUDENTS TALKING ABOUT HEALTHY LIFESTYLES

Brought to you by the Haven Project at the Center for Health and Well-Being

Oct 9, 2023

Domestic Violence Awareness Month

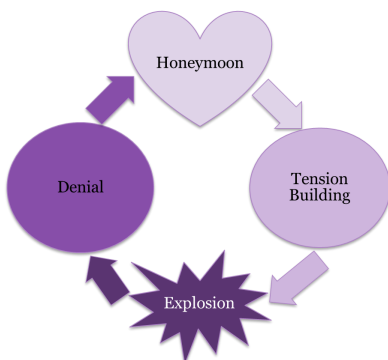


What is Domestic Violence and Dating Violence?

Behavior patterns that are used to gain/maintain power and control over an intimate partner. Abuse can be physical, sexual, emotional, economic or psychological actions or threats. This may include behaviors that intimidates, terrorizes, manipulates, humiliates, or blames someone. Domestic abuse can happen to anyone and includes couples who are married, living together, or dating.



The Cycle of Violence



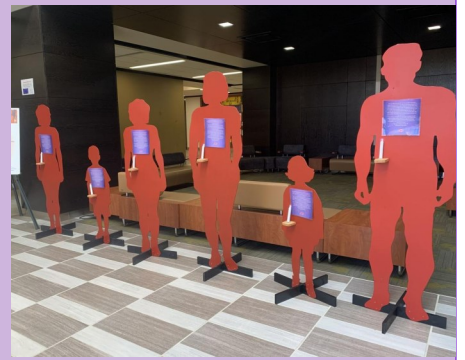
The Silent Witness National Initiative

In 1990, a group of women in Minnesota who were upset about those being murdered by partners/acquaintances joined together to speak out against escalating domestic violence. They created life-sized red wooden figures to commemorate the lives of the 26 women in their state whose lives had been lost due to domestic violence. A twenty-seventh figure was added to represent the murders that went unsolved or were ruled accidental. The organizers called the figures the Silent Witnesses.

Resource: Silent Witnesses

We encourage you to visit the Silent Witnesses Display on IUP's campus. Here are the dates and locations:

- 10/3 - 10/12/23 Eberly Lobby
- 10/13 - 10/30/23 Leonard Hall Lobby
- 10/31/23 Oak Grove (weather pending)



**You are not alone.
Help is available.**

Campus and Community Resources

- Haven Project.....724-357-3947
- *IUP Counseling Center.....724-357-2621
- *Alice Paul House (24/7 hotline)...724-349-4444
- University Police.....724-357-2141
- Title IX Coordinator.....724-357-3402
- LGBTQIA Support.....724-357-2598

**Confidential Resource*

DOMESTIC VIOLENCE AWARENESS MONTH

HAVEN'S EVENTS OF THE MONTH

SILENT WITNESS DISPLAY

10/3-10/13 Eberly, 10/13-10/31 Leonard

SHRM: HEALTHY RELATIONSHIPS PRESENTATION

Tues. 10/3 @ 4:30 pm Eberly 121

SIGMA KAPPA: RECOGNIZING VIOLENCE PRESENTATION

Mon. 10/9 @ 6 pm HUB Susquehanna

NATIONAL COMING OUT DAY TABLE

Wed. 10/11 @ 11am-2pm Oak Grove

SIGMA CHI: CONSENT TRAINING (OPEN TO FRATERNITIES ONLY)

Tues. 10/17 @ 6pm Hub Monongahela

THETA PHI ALPHA: GREEN DOT TRAINING (OPEN FOR ALL)-

Wed. 10/25 @ 5pm Hub Monongahela

HALLOWEEN TABLE

Tues. 10/31 @ 11:30am-1:30pm Oak Grove

Follow Haven: @IUPHaven

Domestic Violence Hotline: 1-800-799-7233

